



If a conflict arises between a Clinical Payment and Coding Policy and any plan document under which a member is entitled to Covered Services, the plan document will govern. If a conflict arises between a CPCP and any provider contract pursuant to which a provider participates in and/or provides Covered Services to eligible member(s) and/or plans, the provider contract will govern. "Plan documents" include, but are not limited to, Certificates of Health Care Benefits, benefit booklets, Summary Plan Descriptions, and other coverage documents. Blue Cross and Blue Shield of TX may use reasonable discretion interpreting and applying this policy to services being delivered in a particular case. Blue Cross and Blue Shield of TX has full and final discretionary authority for their interpretation and application to the extent provided under any applicable plan documents.

Providers are responsible for submission of accurate documentation of services performed. Providers are expected to submit claims for services rendered using valid code combinations from Health Insurance Portability and Accountability Act approved code sets. Claims should be coded appropriately according to industry standard coding guidelines including, but not limited to: Uniform Billing Editor, American Medical Association, Current Procedural Terminology, CPT® Assistant, Healthcare Common Procedure Coding System, ICD-10 CM and PCS, National Drug Codes, Diagnosis Related Group guidelines, Centers for Medicare and Medicaid Services National Correct Coding Initiative Policy Manual, CCI table edits and other CMS guidelines.

Claims are subject to the code edit protocols for services/procedures billed. Claim submissions are subject to claim review including but not limited to, any terms of benefit coverage, provider contract language, medical policies, clinical payment and coding policies as well as coding software logic. Upon request, the provider is urged to submit any additional documentation.

## Serum Tumor Markers for Malignancies

**Policy Number:** CPCPLAB037

**Version 1.0**

**Approval Date:** Sept. 13, 2024

**Plan Effective Date** Jan. 1, 2025 (Blue Cross and Blue Shield of Texas Only)

## Description

The plan has implemented certain lab management reimbursement criteria. Not all requirements apply to each product.

Providers are urged to review Plan documents for eligible coverage for services rendered.

## Reimbursement Information:

**NOTE:** Except for where otherwise specified in the table below, quarterly measurement of designated serum tumor markers is permitted for follow-up, monitoring, and/or surveillance.

- 1) Measurement of the following serum tumor markers **may be reimbursable** for the following indications:

Serum Tumor Marker	Indication
<b>Alkaline phosphatase (ALP)</b>	<u>Bone neoplasms:</u> <ul style="list-style-type: none"> <li>• Workup;</li> <li>• During treatment;</li> <li>• Surveillance</li> </ul>
	<u>Systemic light chain amyloidosis:</u> <ul style="list-style-type: none"> <li>• Initial diagnostic workup</li> </ul>
<b>Alpha fetoprotein (AFP)</b>	<u>Hepatocellular carcinoma:</u> <ul style="list-style-type: none"> <li>• Screening;</li> <li>• Workup for confirmed HCC;</li> <li>• Surveillance (every 3-6 months for 2 years, then every 6 months)</li> </ul>
	<u>Intrahepatic cholangiocarcinoma:</u> <ul style="list-style-type: none"> <li>• Workup for isolated intrahepatic mass</li> </ul>
	<u>Occult primary:</u> <ul style="list-style-type: none"> <li>• Additional workup for localized adenocarcinoma or carcinoma not otherwise specified; liver, mediastinum, or retroperitoneal mass</li> </ul>
	<u>Ovarian cancer/fallopian tube cancer/primary peritoneal cancer:</u> <ul style="list-style-type: none"> <li>• Initial workup;</li> <li>• During primary chemotherapy;</li> <li>• Monitoring/follow-up for complete response (as clinically indicated)</li> </ul>
	<u>Ovarian cancers (less common):</u> <ul style="list-style-type: none"> <li>• Borderline epithelial tumors: monitoring/follow-up (every visit if initially elevated)</li> <li>• Malignant germ cell tumors: surveillance (no more than every 2 months for the first 2 years, every 4 months in years 3-5, and then annually after year 5)</li> <li>• Malignant sex cord stromal tumors: surveillance if clinically indicated. If done, frequency based on</li> </ul>

Serum Tumor Marker	Indication
	<p>stage (i.e., 6-12 months if early-stage, low-risk disease; 4-6 months if high-risk disease)</p> <p><u>Testicular cancer - non-seminoma:</u></p> <ul style="list-style-type: none"> <li>• Post-diagnostic workup;</li> <li>• Risk classification;</li> <li>• Surveillance (no more than every 2 months)</li> </ul> <p><u>Testicular cancer - pure seminoma:</u></p> <ul style="list-style-type: none"> <li>• Initial diagnostic workup;</li> <li>• Post-diagnostic workup;</li> <li>• Risk classification;</li> <li>• Post-treatment surveillance (no more than every 2 months)</li> </ul> <p><u>Thymomas and thymic carcinomas:</u></p> <ul style="list-style-type: none"> <li>• Initial evaluation, if appropriate</li> </ul>
<b>Beta-2 microglobulin (B2M)</b>	<p><u>B-cell lymphomas (Castleman disease; diffuse large B-cell; follicular [grade 1-2]; HIV-related; lymphoblastic; mantle cell):</u></p> <ul style="list-style-type: none"> <li>• Workup</li> </ul> <p><u>Chronic lymphocytic leukemia/small lymphocytic lymphoma:</u></p> <ul style="list-style-type: none"> <li>• Workup</li> </ul> <p><u>Multiple myeloma:</u></p> <ul style="list-style-type: none"> <li>• Initial diagnostic workup;</li> <li>• Follow-up/surveillance (as needed) for solitary plasmacytoma or solitary plasmacytoma with minimal marrow involvement</li> </ul> <p><u>Systemic light chain amyloidosis:</u></p> <ul style="list-style-type: none"> <li>• Initial diagnostic workup</li> </ul> <p><u>Waldenström macroglobulinemia / lymphoplasmacytic lymphoma:</u></p> <ul style="list-style-type: none"> <li>• Workup</li> </ul>
<b>Beta human chorionic gonadotropin (beta-HCG)</b>	<p><u>Gestational trophoblastic neoplasia:</u></p> <ul style="list-style-type: none"> <li>• Initial workup;</li> <li>• During and post treatment (no more than weekly);</li> <li>• Follow-up/surveillance (no more than monthly for 12 months)</li> </ul> <p><u>Occult primary:</u></p> <ul style="list-style-type: none"> <li>• Additional workup for localized adenocarcinoma or carcinoma not otherwise specified;</li> <li>• Individuals &lt; 65 years of age with testes presenting with retroperitoneal mass</li> </ul> <p><u>Ovarian cancer/fallopian tube cancer/primary peritoneal cancer:</u></p>

Serum Tumor Marker	Indication
	<ul style="list-style-type: none"> <li>Initial workup;</li> <li>During primary chemotherapy;</li> <li>Monitoring/follow-up for complete response (as clinically indicated)</li> </ul> <p><u>Ovarian cancers (less common):</u></p> <ul style="list-style-type: none"> <li><u>Borderline epithelial tumors:</u> <ul style="list-style-type: none"> <li>Monitoring/follow-up (every visit if initially elevated)</li> </ul> </li> <li><u>Malignant germ cell tumors:</u> <ul style="list-style-type: none"> <li>Surveillance (no more than every 2 months for the first 2 years, every 4 months in years 3-5, and then annually after year 5)</li> </ul> </li> <li><u>Malignant sex cord stromal tumors:</u> <ul style="list-style-type: none"> <li>Surveillance if clinically indicated. If done, frequency based on stage (i.e., 6-12 months if early-stage, low-risk disease; 4-6 months if high-risk disease)</li> </ul> </li> </ul>
	<p><u>Testicular cancer – non-seminoma:</u></p> <ul style="list-style-type: none"> <li>Post-diagnostic workup;</li> <li>Risk classification;</li> <li>Surveillance (no more than every 2 months)</li> </ul> <p><u>Testicular cancer - pure seminoma:</u></p> <ul style="list-style-type: none"> <li>Initial diagnostic workup;</li> <li>Post-diagnostic workup; risk classification;</li> <li>Post-treatment surveillance (no more than every 2 months)</li> </ul> <p><u>Thymomas and thymic carcinomas:</u></p> <ul style="list-style-type: none"> <li>Initial evaluation, if appropriate</li> </ul>
<b>BNP or NT-proBNP</b>	<p><u>Multiple myeloma:</u></p> <ul style="list-style-type: none"> <li>Initial diagnostic workup</li> </ul> <p><u>Systemic light chain amyloidosis:</u></p> <ul style="list-style-type: none"> <li>Initial diagnostic workup</li> </ul>
<b>Calcitonin (CALCA)</b>	<p><u>Medullary carcinoma:</u></p> <ul style="list-style-type: none"> <li>Additional workup;</li> <li>Post-surgical evaluation;</li> <li>Monitoring;</li> <li>Surveillance (2-3 months postoperative, then every 6-12 months)</li> </ul> <p><u>Multiple endocrine neoplasia, type 2:</u></p> <ul style="list-style-type: none"> <li>At diagnosis (clinical evaluation) for medullary thyroid cancer</li> </ul>
<b>Cancer antigen 15-3 and 27.29 (CA 15-</b>	<p><u>Breast cancer (invasive):</u></p> <ul style="list-style-type: none"> <li>Monitoring metastatic disease</li> </ul>

Serum Tumor Marker	Indication
<b>3 and 27.29)</b>	
<b>Cancer antigen 19-9 (CA 19-9)</b>	<p><u>Ampullary adenocarcinoma:</u></p> <ul style="list-style-type: none"> <li>• Workup;</li> <li>• Surveillance (every 3-6 months for 2 years, then every 6-12 months for up to 5 years as clinically indicated) for resected ampullary cancer, stage I-III</li> </ul> <p><u>Appendiceal adenocarcinoma:</u></p> <ul style="list-style-type: none"> <li>• Workup to establish baseline. Abnormal measurements should be trended</li> </ul> <p><u>Extrahepatic cholangiocarcinoma:</u></p> <ul style="list-style-type: none"> <li>• Workup to establish baseline;</li> <li>• Monitoring</li> </ul> <p><u>Gallbladder cancer:</u></p> <ul style="list-style-type: none"> <li>• Workup to establish baseline;</li> <li>• Monitoring;</li> <li>• Surveillance (as clinically indicated), post-resection</li> </ul> <p><u>Intrahepatic cholangiocarcinoma:</u></p> <ul style="list-style-type: none"> <li>• Workup to establish baseline;</li> <li>• Monitoring</li> </ul> <p><u>Ovarian cancer/fallopian tube cancer/primary peritoneal cancer:</u></p> <ul style="list-style-type: none"> <li>• Initial workup;</li> <li>• During primary chemotherapy;</li> <li>• Monitoring/follow-up for complete response (as clinically indicated)</li> </ul> <p><u>Ovarian cancers (less common):</u></p> <ul style="list-style-type: none"> <li>• <u>Borderline epithelial tumors:</u> <ul style="list-style-type: none"> <li>◦ Monitoring/follow-up (every visit if initially elevated)</li> </ul> </li> <li>• <u>Malignant germ cell tumors:</u> <ul style="list-style-type: none"> <li>◦ Surveillance (no more than every 2 months for the first 2 years, every 4 months in years 3-5, and then annually after year 5)</li> </ul> </li> <li>• <u>Malignant sex cord stromal tumors:</u> <ul style="list-style-type: none"> <li>◦ Surveillance if clinically indicated. If done, frequency based on stage (i.e., 6-12 months if early-stage, low-risk disease; 4-6 months if high-risk disease)</li> </ul> </li> <li>• <u>Mucinous carcinoma of the ovary:</u> <ul style="list-style-type: none"> <li>◦ Additional workup (if not previously done)</li> </ul> </li> </ul> <p><u>Pancreatic adenocarcinoma:</u></p> <ul style="list-style-type: none"> <li>• Workup to establish baseline;</li> <li>• Monitoring;</li> </ul>

Serum Tumor Marker	Indication
	<ul style="list-style-type: none"> <li>Post-operative, post-adjuvant treatment surveillance (every 3-6 months for 2 years, then every 6-12 months as clinically indicated)</li> </ul> <p><u>Small bowel adenocarcinoma:</u></p> <ul style="list-style-type: none"> <li>Workup to establish baseline;</li> <li>Post-treatment surveillance (every 3-6 months for 2 years, then every 6 months for a total of 5 years)</li> </ul>
<b>Cancer antigen 125 (CA-125)</b>	<p><u>Appendiceal adenocarcinoma:</u></p> <ul style="list-style-type: none"> <li>Workup to establish baseline</li> </ul> <p><u>Endometrial carcinoma:</u></p> <ul style="list-style-type: none"> <li>Additional workup;</li> <li>Surveillance (if initially elevated)</li> </ul> <p><u>Lynch syndrome:</u></p> <ul style="list-style-type: none"> <li>Surveillance</li> </ul> <p><u>Occult primary:</u></p> <ul style="list-style-type: none"> <li>Additional workup for adenocarcinoma or carcinoma not otherwise specified, in those with a uterus and/or ovaries present</li> </ul> <p><u>Ovarian cancer/fallopian tube cancer/primary peritoneal cancer:</u></p> <ul style="list-style-type: none"> <li>Initial workup;</li> <li>During primary chemotherapy;</li> <li>Monitoring/follow-up for complete response (as clinically indicated)</li> </ul> <p><u>Ovarian cancers (less common):</u></p> <ul style="list-style-type: none"> <li><u>Borderline epithelial tumors:</u> <ul style="list-style-type: none"> <li>monitoring/follow-up (every visit if initially elevated)</li> </ul> </li> <li><u>Malignant germ cell tumors:</u> <ul style="list-style-type: none"> <li>surveillance (no more than every 2 months for the first 2 years, every 4 months in years 3-5, and then annually after year 5)</li> </ul> </li> </ul> <p><u>Malignant sex cord stromal tumors:</u></p> <ul style="list-style-type: none"> <li>Surveillance if clinically indicated. If done, frequency based on stage (i.e., 6-12 months if early-stage, low-risk disease; 4-6 months if high-risk disease)</li> </ul> <p><u>Peritoneal mesothelioma:</u></p> <ul style="list-style-type: none"> <li>Initial evaluation</li> </ul>
<b>Carcinoembryonic antigen</b>	<p><u>Appendiceal adenocarcinoma:</u></p> <ul style="list-style-type: none"> <li>Workup to establish baseline;</li> <li>Monitoring;</li> <li>Post-treatment surveillance</li> </ul> <p><u>Breast cancer (invasive):</u></p>

Serum Tumor Marker	Indication
	<ul style="list-style-type: none"> <li>• Monitoring metastatic disease</li> </ul> <p><u>Colon cancer:</u></p> <ul style="list-style-type: none"> <li>• Workup to establish baseline;</li> <li>• Monitoring;</li> <li>• Surveillance (every 3-6 months for 2 years, then every 6 months for a total of 5 years)</li> </ul> <p><u>Extrahepatic cholangiocarcinoma:</u></p> <ul style="list-style-type: none"> <li>• Workup to establish baseline;</li> <li>• Monitoring</li> </ul> <p><u>Gallbladder cancer:</u></p> <ul style="list-style-type: none"> <li>• Workup to establish baseline;</li> <li>• Monitoring;</li> <li>• Surveillance (as clinically indicated), post-resection</li> </ul> <p><u>Intrahepatic cholangiocarcinoma:</u></p> <ul style="list-style-type: none"> <li>• Workup to establish baseline;</li> <li>• Monitoring</li> </ul> <p><u>Medullary carcinoma:</u></p> <ul style="list-style-type: none"> <li>• Diagnosis and additional workup;</li> <li>• Monitoring;</li> <li>• Post-surgical surveillance (2-3 months postoperative, then every 6-12 months)</li> </ul> <p><u>Multiple endocrine neoplasia, type 2:</u></p> <ul style="list-style-type: none"> <li>• At diagnosis (clinical evaluation) for medullary thyroid cancer</li> </ul> <p><u>Ovarian cancer/fallopian tube cancer/primary peritoneal cancer:</u></p> <ul style="list-style-type: none"> <li>• Initial workup;</li> <li>• During primary chemotherapy;</li> <li>• Monitoring/follow-up for complete response (as clinically indicated)</li> </ul> <p><u>Ovarian cancers (less common):</u></p> <ul style="list-style-type: none"> <li>• <u>Borderline epithelial tumors:</u> <ul style="list-style-type: none"> <li>○ Monitoring/follow-up (every visit if initially elevated)</li> </ul> </li> <li>• <u>Malignant germ cell tumors:</u> <ul style="list-style-type: none"> <li>○ Surveillance (no more than every 2 months for the first 2 years, every 4 months in years 3-5, and then annually after year 5)</li> </ul> </li> <li>• <u>Malignant sex cord stromal tumors:</u> <ul style="list-style-type: none"> <li>○ Surveillance if clinically indicated. If done, frequency based on stage (i.e., 6-12 months if early-stage, low-risk disease; 4-6 months if high-risk disease)</li> </ul> </li> </ul>

Serum Tumor Marker	Indication
	<p><u>Mucinous carcinoma of the ovary:</u></p> <ul style="list-style-type: none"> <li>• Additional workup (if not previously done)</li> </ul> <p><u>Rectal cancer:</u></p> <ul style="list-style-type: none"> <li>• Workup to establish baseline;</li> <li>• Monitoring; surveillance (every 3-6 months for 2 years, then every 6 months for a total of 5 years)</li> </ul> <p><u>Small bowel adenocarcinoma:</u></p> <ul style="list-style-type: none"> <li>• Workup to establish baseline;</li> <li>• Post-treatment surveillance (every 3-6 months for 2 years, then every 6 months for a total of 5 years)</li> </ul>
<b>Inhibin</b>	<p><u>Ovarian cancer/fallopian tube cancer/primary peritoneal cancer:</u></p> <ul style="list-style-type: none"> <li>• Initial workup;</li> <li>• During primary chemotherapy;</li> <li>• Monitoring/follow-up for complete response (as clinically indicated)</li> </ul> <p><u>Ovarian cancers (less common):</u></p> <ul style="list-style-type: none"> <li>• <u>Borderline epithelial tumors:</u> <ul style="list-style-type: none"> <li>○ Monitoring/follow-up (every visit if initially elevated)</li> </ul> </li> <li>• <u>Malignant Germ cell tumors:</u> <ul style="list-style-type: none"> <li>○ Surveillance (no more than every 2 months for the first 2 years, every 4 months in years 3-5, and then annually after year 5)</li> </ul> </li> </ul> <p><u>Malignant sex cord stromal tumors:</u> Surveillance if clinically indicated. If done, frequency based on stage (i.e., 6-12 months if early-stage, low-risk disease; 4-6 months if high-risk disease)</p>
<b>Lactate dehydrogenase</b>	<p><u>B-cell lymphomas (Burkitt; Castleman disease; diffuse large B-cell; extranodal marginal zone lymphoma of nongastric sites [noncutaneous] and of the stomach; follicular [grade 1-2]; HIV-related; lymphoblastic; mantle cell; nodal marginal zone; pediatric aggressive mature; post-transplant lymphoproliferative disorders; primary cutaneous; splenic marginal zone):</u></p> <ul style="list-style-type: none"> <li>• Workup</li> </ul> <p><u>Bone neoplasms:</u></p> <ul style="list-style-type: none"> <li>• Workup</li> </ul> <p><u>Chronic lymphocytic leukemia/small lymphocytic lymphoma:</u></p> <ul style="list-style-type: none"> <li>• Workup, and at transformation or histologic progression (if applicable)</li> </ul> <p><u>Hairy cell leukemia:</u></p>

Serum Tumor Marker	Indication
	<ul style="list-style-type: none"> <li>• Workup</li> </ul> <p><u>Kidney cancer:</u></p> <ul style="list-style-type: none"> <li>• Initial workup</li> </ul> <p><u>Melanoma (cutaneous and uveal):</u></p> <ul style="list-style-type: none"> <li>• Workup for metastatic or recurrent disease</li> </ul> <p><u>Multiple myeloma:</u></p> <ul style="list-style-type: none"> <li>• Initial workup;</li> <li>• Surveillance (as needed) post primary treatment for solitary plasmacytoma or solitary plasmacytoma with minimal marrow involvement</li> </ul>
	<p><u>Ovarian cancer/fallopian tube cancer/primary peritoneal cancer:</u></p> <ul style="list-style-type: none"> <li>• Initial workup;</li> <li>• During primary chemotherapy, monitoring/follow-up for complete response (as clinically indicated)</li> </ul>
	<p><u>Ovarian cancers (less common):</u></p> <ul style="list-style-type: none"> <li>• <u>Borderline epithelial tumors:</u> <ul style="list-style-type: none"> <li>○ Monitoring/follow-up (every visit if initially elevated)</li> </ul> </li> <li>• <u>Malignant germ cell tumors:</u> <ul style="list-style-type: none"> <li>○ Surveillance (no more than every 2 months for the first 2 years, every 4 months in years 3-5, and then annually after year 5)</li> </ul> </li> </ul> <p><u>Malignant sex cord stromal tumors:</u></p> <ul style="list-style-type: none"> <li>• Surveillance if clinically indicated. If done, frequency based on stage (i.e., 6-12 months if early-stage, low-risk disease; 4-6 months if high-risk disease)</li> </ul>
	<p><u>Primary cutaneous lymphomas (mycosis fungoides/Sezary syndrome; primary cutaneous CD30+ T-cell lymphoproliferative disorders):</u></p> <ul style="list-style-type: none"> <li>• Workup</li> </ul>
	<p><u>Systemic light chain amyloidosis:</u></p> <ul style="list-style-type: none"> <li>• Initial diagnostic workup</li> </ul>
	<p><u>T-cell lymphomas (adult T-cell; breast implant-associated ALCL; extranodal NK/T-cell; hepatosplenic; peripheral; T-cell prolymphocytic leukemia):</u></p> <ul style="list-style-type: none"> <li>• Workup;</li> <li>• Staging (breast implant-associated ALCL only)</li> </ul>
	<p><u>Testicular cancer – non-seminoma:</u></p> <ul style="list-style-type: none"> <li>• Post-diagnostic workup;</li> <li>• Risk classification;</li> <li>• Surveillance (no more than every 2 months)</li> </ul>
	<p><u>Testicular cancer – pure seminoma:</u></p>

Serum Tumor Marker	Indication
	<ul style="list-style-type: none"> <li>Initial diagnostic workup;</li> <li>Post-diagnostic workup;</li> <li>Risk classification;</li> <li>Post-treatment surveillance (no more than every 2 months)</li> </ul> <p><u>Waldenström macroglobulinemia / lymphoplasmacytic lymphoma:</u></p> <ul style="list-style-type: none"> <li>Workup</li> </ul>
<b>Serum free light chain</b>	<p><u>Multiple myeloma:</u></p> <ul style="list-style-type: none"> <li>Initial diagnostic workup;</li> <li>Surveillance (up to once per month)</li> </ul>
	<p><u>Systemic light chain amyloidosis:</u></p> <ul style="list-style-type: none"> <li>Initial diagnostic workup</li> </ul>
<b>Troponin T</b>	<p><u>Systemic light chain amyloidosis:</u></p> <ul style="list-style-type: none"> <li>Initial diagnostic workup</li> </ul>
<b>Tryptase</b>	<p><u>Systemic mastocytosis:</u></p> <ul style="list-style-type: none"> <li>Initial diagnosis</li> </ul>

- 2) For all other cancer indications not discussed above, use of the above biomarkers (alone or in a panel of serum tumor markers) **are not reimbursable**.
- 3) All other serum tumor markers not addressed above (alone or in a panel of serum tumor markers) **are not reimbursable**.
- 4) For the screening and detection of cancer, analysis of proteomic patterns in serum **are not reimbursable**.

## Procedure Codes

The following is not an all-encompassing code list. The inclusion of a code does not guarantee it is a covered service or eligible for reimbursement.

Codes
81500, 81503, 81538, 81599, 82105, 82107, 82232, 82308, 82378, 83520, 83521, 83615, 83789, 83880, 83950, 83951, 84075, 84078, 84080, 84484, 84702, 84703, 84704, 84999, 86300, 86301, 86304, 86305, 86316, 86336, 0003U, 0092U, 0163U, 0404U, G0327

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## Policy Update History:

Approval Date	Effective Date; Summary of Changes
09/13/2024	01/01/2025: New policy