

If a conflict arises between a Clinical Payment and Coding Policy and any plan document under which a member is entitled to Covered Services, the plan document will govern. If a conflict arises between a CPCP and any provider contract pursuant to which a provider participates in and/or provides Covered Services to eligible member(s) and/or plans, the provider contract will govern. "Plan documents" include, but are not limited to, Certificates of Health Care Benefits, benefit booklets, Summary Plan Descriptions, and other coverage documents. Blue Cross and Blue Shield of TX may use reasonable discretion interpreting and applying this policy to services being delivered in a particular case. Blue Cross and Blue Shield of TX has full and final discretionary authority for their interpretation and application to the extent provided under any applicable plan documents.

Providers are responsible for submission of accurate documentation of services performed. Providers are expected to submit claims for services rendered using valid code combinations from Health Insurance Portability and Accountability Act approved code sets. Claims should be coded appropriately according to industry standard coding guidelines including, but not limited to: Uniform Billing Editor, American Medical Association, Current Procedural Terminology, CPT® Assistant, Healthcare Common Procedure Coding System, ICD-10 CM and PCS, National Drug Codes, Diagnosis Related Group guidelines, Centers for Medicare and Medicaid Services National Correct Coding Initiative Policy Manual, CCI table edits and other CMS guidelines.

Claims are subject to the code edit protocols for services/procedures billed. Claim submissions are subject to claim review including but not limited to, any terms of benefit coverage, provider contract language, medical policies, clinical payment and coding policies as well as coding software logic. Upon request, the provider is urged to submit any additional documentation.

## Diagnostic Testing of Influenza

**Policy Number:** CPCPLAB033

**Version 1.0**

**Approval Date:** Sept. 13, 2024

**Plan Effective Date:** Jan. 1, 2025 (Blue Cross and Blue Shield of Texas Only)

## Description

The plan has implemented certain lab management reimbursement criteria. Not all requirements apply to each product.

Providers are urged to review Plan documents for eligible coverage for services rendered.

## Reimbursement Information:

1. For symptomatic individuals (See **NOTE 1**) when influenza activity has been documented in the community or geographic area, **ONE**, but **NOT BOTH**, of the following **may be reimbursable**:
  - a. One single rapid flu test (**either** a point-of-contact rapid nucleic acid amplification test (NAAT) **or** a rapid antigen test;
  - b. One single traditional NAAT.
2. Viral culture testing for influenza **is not reimbursable**.
3. For asymptomatic individuals, influenza testing (e.g., rapid antigen flu tests, rapid NAAT or RT-PCR tests, traditional RT-PCR tests, viral culture testing) **is not reimbursable**.
4. Serology testing for influenza **is not reimbursable**.

### Note 1: Typical Influenza Signs and Symptoms (CDC, 2020a)

- Fever: A 100.4°F or higher temperature or feeling feverish/chills AND one or more:
  - Cough;
  - Sore throat;
  - Headaches and/or body aches;
  - Difficulty breathing or shortness of breath;
  - Fatigue;
  - Runny or stuffy nose.

## Procedure Codes

The following is not an all-encompassing code list. The inclusion of a code does not guarantee it is a covered service or eligible for reimbursement.

Codes
87804, 87400, 87501, 87502, 87503, 86710, 87275, 87276, 87631, 87254

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### Policy Update History:

Approval Date	Effective Date; Summary of Changes
09/13/2024	01/01/2025: New policy.