

If a conflict arises between a Clinical Payment and Coding Policy and any plan document under which a member is entitled to Covered Services, the plan document will govern. If a conflict arises between a CPCP and any provider contract pursuant to which a provider participates in and/or provides Covered Services to eligible member(s) and/or plans, the provider contract will govern. "Plan documents" include, but are not limited to, Certificates of Health Care Benefits, benefit booklets, Summary Plan Descriptions, and other coverage documents. Blue Cross and Blue Shield of Texas may use reasonable discretion interpreting and applying this policy to services being delivered in a particular case. BCBSTX has full and final discretionary authority for their interpretation and application to the extent provided under any applicable plan documents.

Providers are responsible for submission of accurate documentation of services performed. Providers are expected to submit claims for services rendered using valid code combinations from Health Insurance Portability and Accountability Act approved code sets. Claims should be coded appropriately according to industry standard coding guidelines including, but not limited to: Uniform Billing Editor, American Medical Association, Current Procedural Terminology, CPT® Assistant, Healthcare Common Procedure Coding System, ICD-10 CM and PCS, National Drug Codes, Diagnosis Related Group guidelines, Centers for Medicare and Medicaid Services National Correct Coding Initiative Policy Manual, CCI table edits and other CMS guidelines.

Claims are subject to the code edit protocols for services/procedures billed. Claim submissions are subject to claim review including but not limited to, any terms of benefit coverage, provider contract language, medical policies, clinical payment and coding policies as well as coding software logic. Upon request, the provider is urged to submit any additional documentation.

Preventive Services Policy

Policy Number: CPCP006

Version: 1.0

Enterprise Clinical Payment and Coding Policy Committee Approval Date: Dec.

15, 2025

Effective Date: Jan. 1, 2026

Definitions

The following acronyms have been utilized throughout this reimbursement policy.

ACIP: Advisory Committee on Immunization

Practices

CDC: Centers for Disease Control and Prevention **FDA**: United States Food and Drug Administration

HRSA: Health Resources and Services

Administration

PPACA: Patient Protection and Affordable Care Act of

2010

USPSTF: United States Preventive Services Task Force

Description

Section 2713 of the Patient Protection and Affordable Care Act mandates that private health plans provide coverage of preventive services issued by the following agencies: The United States Preventive Services Task Force , the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention , and the Health Resources and Service Administration with respect to women's guidelines and guidelines for infants, children, and adolescents. These services are available at no cost-share when obtained by a member covered under a nongrandfathered plan. This applies to members belonging to individual, small group, large group, and self-insured plans. There is no copay, deductible or coinsurance, even if the individual or family deductible or out-of-pocket maximum has not been met as long as the member utilizes a provider in the plan's network.

Preventive care or preventive medicine refers to measures or services taken to promote health and early detection/prevention of disease(s) and injuries rather than treating them and/or curing them. Preventive care may include, but are not limited to, examinations and screening tests tailored to an individual's age, health, and family history.

PPACA does not mandate that preventive services be covered at no member costshare when obtained out-of-network. Members that obtain preventive services out of their network will be subject to copay, deductible, and coinsurance.

Grandfathered plans are plans that have been in existence prior to March 23, 2010 and are exempt from the requirement of providing preventive services at no member cost share. Grandfathered plans have the opportunity to elect providing coverage of preventive services at no member cost share but are not required to do so.

The USPSTF applies a <u>letter grade</u> for each of the recommendations that are released.

Following the <u>recommendation</u> of the USPTF coverage of Grade "A" and "B" recommendations is provided at no member cost share for members with a non-grandfathered health plan.

Grade	Definition
A	The USPSTF recommends the service. There is high certainty that the net benefit is substantial.
В	The USPSTF recommends the service. There is high certainty that the net benefit is moderate or there is moderate certainty that the net benefit is moderate to substantial.
С	The USPSTF recommends selectively offering or providing this service to individual patients based on professional judgment and patient preferences. There is at least moderate certainty that the net benefit is small.
D	The USPSTF recommends against the service. There is moderate or high certainty that the service has no net benefit or that the harms outweigh the benefits.
I	The USPSTF concludes that the current evidence is insufficient to assess the balance of benefits and harms of the service. Evidence is lacking, of poor quality, or conflicting, and the balance of benefits and harms cannot be determined.

The ACIP publishes recommendations on the safe utilization of vaccines. ACIP's recommendations include immunization schedules for children and adolescents as well as adults. Immunizations should be administered in accordance with the ACIP Recommended Child and Adult Immunization Schedules or in accordance with state law or regulations.

HRSA releases <u>Women's Preventive Services guidelines</u> that are aimed at improving women's health by recommending certain preventive services that should be obtained in the clinical setting.

HRSA endorses <u>preventive guidelines</u> established by the American Academy of Pediatrics for the health and well-being of infants, children, and adolescents. These recommendations are referred to as Bright Futures.

Reimbursement Information

Certain preventive care services may be considered eligible for coverage under the member's benefit plan as required by PPACA and/or an applicable state mandate. In general, these services include, but are not limited to, screenings, immunizations, and other types of care as recommended by the United States Federal Government.

These services are not subject to application of cost-sharing such as co-payments, co-insurance or deductibles when they are considered eligible for coverage and are provided by a network provider. In order for preventive claims to process at the preventive level with no member cost share, the claim must include a preventive diagnosis code, a preventive procedure code, meet medical policy review criteria, and fall within the guidelines issued by the USPSTF, ACIP, HRSA, or Bright Futures.

Health care providers (facilities, physicians and other health care professionals) are expected to exercise independent medical judgement in providing care to patients. This Preventive Services Reimbursement policy is not intended to impact care decisions or medical practice.

The following grid provides a list of the recommendations released by the USPSTF, ACIP, HRSA, or Bright Futures along with the corresponding procedure codes and diagnosis codes deemed to be preventive.

USPSTF Recommendations:		
Service:	Procedure	Additional
	Code(s):	Reimbursement
		Criteria:
Abdominal Aortic Aneurysm	76706	Procedure code 76706 is
Screening		reimbursable as
		preventive when
<u>USPSTF "B" Recommendation</u>		submitted with one of the
December 2019		following: Z13.6, Z87.891,
The USPSTF recommends 1-time		Z72.0, Z00.00, Z00.01,
screening for abdominal aortic		F17.210, F17.200
aneurysm with ultrasonography		
in men aged 65 to 75 years who		
have ever smoked.		
Unhealthy Alcohol Use in	99385, 99386,	Payable with a diagnosis
Adolescents and	99387, 99395,	code in Diagnosis List 1.
Adults: Screening and	99396, 99397,	
Behavioral Counseling	99408, 99409,	
Interventions		

	G0396, G0397,	
USPSTF "B" Recommendation	G0442, G0443	
November 2018	G0 1 12, G0 1 13	
The USPSTF recommends		
screening for unhealthy alcohol		
use in primary care settings for		
adults 18 years or older, including		
pregnant women, and providing		
persons engaged in risky or		
hazardous drinking with brief		
behavioral counseling		
interventions to reduce unhealthy		
alcohol use.		
Anxiety Screening Disorders in	96127, 99384,	Procedure code 96127 is
Adults	99385, 99386,	only reimbursable at the
	99387, 99394,	preventive level when
USPSTF Released FINAL "B"	99395, 99396,	billed with a diagnosis of
Recommendation for Screening	99397, G0444	Z00.129, Z13.31, Z13.32,
for Anxiety Disorders in Adults		Z13.39, Z13.41, or Z13.42
06/30/2023		
The USPSTF recommends		
screening for anxiety disorders in		
adults, including pregnant and		
postpartum persons.		
Aspirin Use to Prevent		For details about
Preeclampsia and Related		pharmacy benefit
Morbidity and Mortality:		coverage, contact the
Preventive		number on the patient's
Medication		BCBSTX member card. A
		patient's pharmacy
USPSTF "B" Recommendation		benefit may be managed
September 2021		by a company other than
The USPSTF recommends the use		BCBSTX.
of low-dose aspirin (81 mg/day) as		
preventive medication after 12		Coverage includes generic
weeks of gestation in persons		aspirin 81 mg tablets with
who are at high risk for		a prescription.
preeclampsia.		

Asymptomatic Bacteriuria in	81007, 87086,	Payable with a Pregnancy
Adults Screening	87088	Diagnosis
USPSTF "B" Recommendation		
September 2019		
The USPSTF recommends		
screening for asymptomatic		
bacteriuria using urine culture in		
pregnant persons.		
BRCA-Related Cancer Risk	81212, 81215,	These services are subject
Assessment,	81216, 81217,	to Medical Policy and
Genetic Testing	81162, 81163,	prior authorization may
	81164, 81165,	be required. Procedure
USPSTF "B" Recommendation	81166, 81167,	codes 81212, 81215-
<u>August 2019</u>	99385, 99386,	81217, 81162-81167,
USPSTF recommends that	99387, 99395,	81307 and 81308 are
primary care clinicians assess	99396, 99397,	reimbursable as
women with a personal or family	99401, 99402,	preventive when
history of breast, ovarian, tubal,	99403, 99404,	submitted with one of the
or peritoneal cancer or who have	G0463, S0265,	following primary
an ancestry associated with	81307, 81308 ,	diagnosis codes:
breast cancer susceptibility 1 and	96041	Z80.3, Z80.41, Z85.3,
2 (BRCA1/2) gene mutations with		Z85.43
an appropriate brief familial risk		
assessment tool. Women with a		Procedure code 96041 is
positive result on the risk		reimbursable as
assessment tool should receive		preventive when
genetic counseling and, if		submitted with one of the
indicated after counseling, genetic		following primary
testing.		diagnosis codes: Z80.3 or
		Z80.41
		All other procedure codes
		for BRCA are payable with
		a diagnosis in Diagnosis
		List 1

Breast Cancer Medications for		For details about
Risk		pharmacy benefit
Reduction		coverage, contact the
LISPSTE #D# D		number on the patient's
USPSTF "B" Recommendations		BCBSTX member card. A
September 2019		patient's pharmacy
The USPSTF recommends that		benefit may be managed
clinicians offer to prescribe risk-		by a company other than
reducing medications, such as		BCBSTX.
tamoxifen, raloxifene, or		
aromatase inhibitors, to women		Coverage includes generic
who are at increased risk for		anastrozole 1 mg,
breast cancer and at low risk for		raloxifene hcl 60 mg, and
adverse medication effects.		tamoxifen citrate 10 and
		20 mg tablets when used
		for prevention in
		members ages 35 and
		over with a prescription.
Breast Cancer Screening	77061, 77062,	Payable if billed with
	77063, 77067,	diagnosis:
<u>USPSTF "B" Recommendation</u>	76376, 76377,	Z00.00, Z00.01, Z00.8,
January 2026	76641, 76642,	Z01.411, Z12.31, and
The Women's Preventive Services	77046, 77048,	Z12.39
Initiative recommends that	77049, 77065,	
average-risk women initiate	77066,	
mammography screening no	C8903,C8905,	
earlier than age 40 and no later	C8906, C8908,	
than age 50. Screening	C8937, G0279,	
mammography should occur at	0633T, 0634T,	
least biennially and as frequently	0635T, 0637T,	
as annually. Women may require	0638T, 19030,	
additional imaging to complete	77053, 77054	
the screening process or		
to address findings on the initial	88108, 88112,	
screening mammography.	88172, 88173,	
If additional imaging (e.g.,	88184, 88185,	
magnetic resonance imaging	88262, 88271,	
(MRI), ultrasound,	88274, 88291,	
mammography)	88300, 88304,	
and pathology evaluation are	88305, 88307,	
indicated, these services also are	88309, 88312,	
recommended to	88313, 88325,	

complete the screening process	88331, 88332,	
for malignancies. Screening	88341, 88342,	
should continue through at least	88344, 88360,	
age 74 and age alone should not	83361, 88364,	
be the basis to discontinue	88365, 88367,	
screening. These screening	88374, & 88377	
recommendations are for women		
at average risk of breast cancer.	19081, 19082,	
Women at increased risk should	19083, 19084,	
also undergo periodic	19085, 19086,	
mammography screening,	19100, 19101,	
however, recommendations for	19281, 19282,	
additional services are beyond	19283, 19284,	
the scope of this	19285, 19286,	
recommendation	19287, 19288,	
	10004, 10005,	
Refer also to USPSTF's 'Breast	10006, 10007,	
Cancer Screening'	10008, 10009,	
recommendation.	10010, 10011	
	10012, 10021	
Refer also to HRSA's 'Breast	C7501, & C7502	
Cancer Screening for Women at		
Average Risk' recommendation.	A9500, A9502,	
	A9503, A9520,	
	A9537, A9541,	
	A9552, A9561,	
	A9573, A9575,	
	A9576, A9577,	
	A9577, A9578,	
	A9579, A9581,	
	A49585, A9595,	
	Q9950, Q9953,	
	Q9954, Q9957,	
	Q9958, Q9962,	
	Q9963, Q9966,	
	Q9967, Q9968,	
	Q9969, Q9067,	
	Q9953 & Q9954	
	96374, 96375,	
	01922, 99152,	
	99153, 99156,	
	99157, 76942,	
	· '	

Γ		
	77002, 77012,	
	88177, 0836T,	
	80503, 80504,	
8	80505, 80506	
P	Patient	
	Navigation	
	Services:	
	G0023, G0024,	
	G0140, G0146	
Breastfeeding Primary Care 9	99401, 99402,	Electric breast pumps
Interventions 9	99403, 99404,	limited to one per benefit
g	99411, 99412,	period. Hospital Grade
USPSTF "B" Recommendation	99347, 99348,	breast pumps are limited
October 2016	99349, 99350,	to rental only.
The USPSTF recommends	98960, 98961,	
providing interventions during	98962. G0513,	Additional reimbursement
pregnancy and after birth to	G0514	information available
support breastfeeding.		within the "Breastfeeding
A	44281, A4282,	Equipment and Supplies"
Refer also to HRSA's 'Breastfeeding A	44283, A4284,	
Services and Supplies'	44285, A4286,	G0513 & G0514 are
recommendation E	E0602, E0603,	payable with a diagnosis
E	E0604, S9443,	code in Diagnosis List 1
A	44287, A4288	
		Non-physician provider
		types such as Certified
		Lactation Counselors and
		International Board-
		Certified Lactation
		Consultants will only be
		eligible for
		reimbursement for the
		following codes: S9443,
		98960, 98961, 98962.

Cervical Cancer Screening	99385, 99386,	Payable with a diagnosis
cervical cancer screening	99387, 99395,	code in Diagnosis List 1
USPSTF "A" Recommendation	99396,99397	code in Diagnosis List i
August 2018	99390,99397	
The USPSTF recommends	C0101 00141	
	G0101, 88141,	
screening for cervical cancer	88142, 88143,	
every 3 years with cervical	88147, 88148,	
cytology alone in women aged 21	88150, 88152,	
to 29 years. For women aged 30	88153, 88155,	
to 65 years, the USPSTF	88164, 88165,	
recommends screening every 3	88166, 88167,	
years with cervical cytology alone,	88174, 88175,	
every 5 years with high-risk	G0123, G0124,	
human papillomavirus (hrHPV)	G0141, G0143,	
testing alone, or every 5 years	G0144, G0145,	
with hrHPV testing in combination	G0147, G0148,	
with cytology (cotesting).	P3000, P3001,	
	Q0091, 87623,	
Refer also to HRSA's 'Cervical Cancer	87624, 87625,	
Screening' recommendation.	S0610, S0612,	
	0096U, 87626	
Chlamydia Screening	86631, 86632,	Payable with a diagnosis
	87110, 87270,	code in Diagnosis List 1
USPSTF "B" Recommendations	87320, 87490,	
September 2021	87491, 87492,	
The USPSTF recommends	87801, 87810,	
screening for chlamydia in	87494	
sexually active women age 24		
years and younger and in women		
25 years or older who are at		
increased risk for infection.		

Colorostal Cansor Serconing	92270 92274	Cortain colorectal cancer
Colorectal Cancer Screening	82270, 82274, G0328, 44388,	Certain colorectal cancer
LISPSTE "A" Decommendation May	,	screening services may be
USPSTF "A" Recommendation May	44389,44392,	subject to medical policy
2021 The USDSTE recommends	44394, 44401,	criteria and may require
The USPSTF recommends	44404,	prior authorization.
screening for colorectal cancer in	45378,45380,	Madifica 22 an DT as an las
all adults aged 50 to 75 years.	45381,45384,	Modifier 33 or PT may be
LICOCTE "D" De conserva de disco Maria	45385,45388,	applied
USPSTF "B" Recommendation May	G0105, G0121,	5 11
2021	45330, 45331,	Payable with a diagnosis
The USPSTF recommends	45333,45335,	in Diagnosis List 1.
screening for colorectal cancer in	45338,45346,	
adults aged 45 to 49 years.	74263, 88304,	In the instance that a
The risks and benefits of different	88305, G0104,	polyp is removed during a
screening methods vary.	99202, 99203,	preventive colonoscopy,
	99204, 99205,	the colonoscopy as well as
	99211, 99212,	the removal of the polyp
	99213, 99214,	and the labs and services
	99215, 99417,	related to the
	S0285, 00812,	colonoscopy are
	00813, 81528,	reimbursable at the
	0464U	preventive level.
		Sedation procedure codes 99152, 99153, 99156, 99157, and G0500 will process at the preventive level when billed with a diagnosis of Z12.11 or Z12.12.
		Procedure code 74263 is reimbursable at the preventive level when billed with one of the following three diagnosis codes: Z00.00, Z12.11, Z12.12.

		Procedure code 81528 is reimbursable at the preventive level when billed with Z12.11 or Z12.12 for out of network claims.
		For details about pharmacy benefit coverage, contact the number on the patient's BCBSTX member card. A patient's pharmacy benefit may be managed by a company other than BCBSTX.
		Coverage includes generic peg 3350-kcl-na bicarb-nacl-na sulfate, peg 3350-kcl-nacl-na sulfate-na ascorbate-c, or peg 3350-kcl-sod bicarb-nacl solutions for members ages 45 and over with a prescription.
		Diagnosis codes R19.5, K63.5, Z86.0100, Z86.0101, Z86.0102, Z86.0109 will pay at the preventive level.
Congenital Hypothyroidism	84443, 99381,	
Screening	S3620	
USPSTF "A" Recommendation March 2008 The USPSTF recommends screening for congenital hypothyroidism in newborns.		

Dental Caries in Children from	00100	For details about
	99188	For details about
Birth Through Age 5 Years		pharmacy benefit
Screening		coverage, contact the
		number on the patient's
USPSTF "B" Recommendation		BCBSTX member card. A
December 2021		patient's pharmacy
The USPSTF recommends that		benefit may be managed
primary care clinicians prescribe		by a company other than
oral fluoride supplementation		BCBSTX.
starting at age 6 months for		
children whose water supply is		Prescription required for
deficient in fluoride.		both OTC and prescription
		medications.
USPSTF "B" Recommendation		
December 2021		
The USPSTF recommends that		
primary care clinicians apply		
fluoride varnish to the primary		
teeth of all infants and children		
starting at the age of primary		
tooth eruption.		
Depression Screening Adults	99385, 99386,	Payable with a diagnosis
	99387, 99395,	code in
LICOCTE "D" D	00206 00207	Diagnosis List 1
<u>USPSTF "B" Recommendation</u>	99396, 99397,	Diagnosis List 1
January 2016	96160, 96161,	Diagnosis List i
		Procedure code 96127 is
January 2016	96160, 96161,	
January 2016 The USPSTF recommends	96160, 96161,	Procedure code 96127 is
January 2016 The USPSTF recommends screening for depression in the general adult population,	96160, 96161,	Procedure code 96127 is only reimbursable at the
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32,
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32,
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis,	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32,
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32,
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis,	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32,
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32,
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32,
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32,
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up. USPSTF Released FINAL "B" Recommendation for Screening	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32,
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up. USPSTF Released FINAL "B" Recommendation for Screening for Depression and Suicide Risk in	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32,
January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up. USPSTF Released FINAL "B" Recommendation for Screening	96160, 96161,	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32,

recommendation which does not apply to the CPCP.		
Depression in Children and	99384, 99385,	Payable with a diagnosis
Adolescents Screening	99394, 99395,	in Diagnosis List 1
USPSTF "B" Recommendation February 2016 The USPSTF recommends screening for major depressive disorder in adolescents aged 12 to 18 years. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.	96127, G0444	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or Z13.42
Refer also to Bright Futures 'Depression Screening'		
recommendation.		
Falls Prevention in Community	97110, 97112,	Procedure codes 97110,
Dwelling Older Adults:	97116, 97150,	97112, 97116, 97150,
Interventions	97161, 97162,	97161, 97162, 97163,
	97163, 97164,	97164, 97165, 97166,
USPSTF "B" Recommendation	97165, 97166,	97167, 97168, and 97530
April 2018	97167, 97168,	reimbursable with a
The USPSTF recommends	97530	diagnosis of Z91.81.
exercise interventions to prevent		
falls in community-dwelling adults		
aged 65 years or older who are at		
increased risk for falls.		
Folic Acid for the Prevention of		For details about
Neural Tube		pharmacy benefit
Defects: Preventive Medication		coverage, contact the
		number on the patient's
USPSTF "A" Recommendation		BCBSTX member card. A
January 2017		patient's pharmacy
The USPSTF recommends that all		benefit may be managed
women who are planning or		by a company other than
capable of pregnancy take a daily		BCBSTX.
supplement containing 0.4 to 0.8		
mg (400 to 800 µg) of folic acid.		Prescription required for

		both OTC and prescription medications.
Gestational Diabetes: Screening	36415, 82947, 82948, 82950,	Payable with a pregnancy diagnosis
USPSTF "B" Recommendation	82951, 82952,	
August 2021	83036	
The USPSTF recommends		
screening for gestational diabetes		
in asymptomatic pregnant		
persons at 24 weeks of gestation		
or after.		
Refer also to HRSA's 'Gestational		
Diabetes' <u>recommendation</u>		
Gonorrhea	87801, 87590,	Payable with a diagnosis
	87591, 87592,	code in Diagnosis List 1
<u>USPSTF "B" Recommendation</u>	87850	
September 2021		
The USPSTF recommends		
screening for gonorrhea in		
sexually active women age 24		
years and younger and in women		
25 years or older who are at		
increased risk for infection.	20205 20206	
Healthy Diet and Physical	99385, 99386,	
Activity for Cardiovascular	99387, 99395,	
Disease Prevention in Adults	99396, 99397,	
with Cardiovascular Risk	G0438, G0439,	
Factors: Behavioral Counseling	G0446, S9452,	
USPSTF "B" Recommendation	S9470, 97802, 97803, 97804,	
November 2020	G0270, G0271,	
The USPSTF recommends offering	99078, 99401,	
or referring adults with	99402, 99403,	
cardiovascular disease risk factors	99404, 99411,	
to behavioral counseling	99412, G0473	
interventions to promote a	33112, 30173	
healthy diet and physical activity.		
Healthy Weight and Weight	99384, 99385,	
Gain in Pregnancy: Behavioral	99386, 99394,	
Counseling Interventions	99395, 99396,	
5	99401, 99402,	

USPSTF "B" Recommendation May	99403, 99404,	
2021	99411, 99412	
The USPSTF recommends that		
clinicians offer pregnant persons		
effective behavioral counseling		
interventions aimed at promoting		
healthy weight gain and		
preventing excess gestational		
weight gain in pregnancy.		
Hepatitis B in Pregnant Women	80055, 86704,	Payable with a pregnancy
Screening	86705, 86706,	diagnosis, or a diagnosis
	86707, 87340,	code in
USPSTF "A" Recommendation July	87341, 80074,	Diagnosis List 1
2019	80076,	
The USPSTF recommends	G0499, 36415	
screening for hepatitis B virus		
infection in pregnant women at		
their first prenatal visit.		
Hepatitis B Virus Infection	80055, 80074,	Payable with a diagnosis
Screening	80076, 86704,	code in
	86705, 86706,	Diagnosis List 1
USPSTF "B" Recommendation	86707, 87340,	
December 2020	87341	
The USPSTF recommends		
screening for hepatitis B virus		
infection in adolescents and		
adults at increased risk for		
infection.		
Hepatitis C Screening	86803, 86804,	Payable with a pregnancy
	87520, 87521	diagnosis, or a diagnosis
USPSTF "B" Recommendation	G0472, G0567	code in Diagnosis List 1
March 2020		
The USPSTF recommends		
screening for hepatitis C virus		
infection in adults aged 18 to 79		
years.		

High Blood Pressure Screening	93784, 93786,	Procedure codes 93784,
in Adults	93788, 93790,	93786, 93788, 93790,
m / dates	99385, 99386,	99473, and 99474 are
USPSTF "A" Recommendation	99387, 99395,	reimbursable at the
April 2021	99396, 99397,	preventive level when
The USPSTF recommends	99473, 99474	billed with one of the
screening for high blood pressure	33 17 3, 33 17 1	following diagnosis codes:
in adults aged 18 years or older.		R03.0, R03.1, Z01.30,
The USPSTF recommends		Z01.31
obtaining measurements outside		201.31
of the clinical setting for		
diagnostic confirmation before		
starting treatment.		
Human Immunodeficiency	HIV/Creatine	Consistent with FAQs
Virus	Testing	About Affordable Care Act
Infection Prevention Drug Pre-	82565, 82570,	Implementation Part 47,
exposure Prophylaxis	82575, 87534,	baseline and monitoring
	87535, 87536,	services related to PrEP
USPSTF "A" Recommendation	87537, 87538,	medication are
June 2019	87539	reimbursable at the
The USPSTF recommends that		preventive level. See the
clinicians offer preexposure	Injection,	CPTs in the column to the
prophylaxis (PrEP) with effective	cabotegravir,	left. Note: This list is not
antiretroviral therapy to persons	1mg,	exhaustive.
who are at high risk of HIV		For details about benefit
acquisition. See the Clinical	HIV PrEP:	coverage, contact the
Considerations section for	J0739, J0738,	number on the patient's
information about identification	J0752	BCBSTX member card.
of persons at high risk and		
selection of effective antiretroviral	*87389, 87390,	For details about
therapy.	87391, 87806,	pharmacy benefit
	G0432, G0433,	coverage, contact the
USPSTF "A" Recommendation	G0435, 36415,	number on the patient's
August 2023	86689, 86701,	BCBSTX member card. A
The USPSTF recommends that	86702, 86703,	patient's pharmacy
clinicians prescribe preexposure	G0475, 80055,	benefit may be managed
prophylaxis using effective	80081, 86706,	by a company other than
antiretroviral therapy to persons	87340, 87341,	BCBSTX.
who are at increased risk of HIV	80074, 80076,	
acquisition to decrease the risk of	G0499, 86803,	Coverage includes generic
acquiring HIV. Injectables are	86804, G0472,	Truvada (emtricitabine/
now added.		tenofovir disoproxil

	81025, G0011, G0013, G0012 *CPTs are not all specifically PrEP related and could be covered under other USPSTF, HRSA, and Bright Futures recommendatio ns	fumarate) 200-300 mg tablets, Apretude (cabotegravir) 600 mg/ 3 mL intramuscular extended-release suspension, Yeztugo, and Descovy (emtricitabine- tenofovir alafenamide fumarate) 200-25 mg tablets when used for prevention with a prescription. Refer to the member's drug list for coverage details. Diagnosis Codes HIV Related: Z11.4, Z71.7, B20, Z29.81
Human Immunodeficiency Virus (HIV) Infection Screening for Non- Pregnant Adolescents and Adults	87389, 87390, 87391, 87806, G0432, G0433, G0435	Payable with a diagnosis code in Diagnosis List 1
USPSTF "A" Recommendation June 2019 The USPSTF recommends that clinicians screen for HIV infection in adolescents and adults aged 15 to 65 years. Younger adolescents and older adults who are at increased risk should also be screened.		
Refer also to HRSA's 'HIV Screening and Counseling' recommendation Refer also to Bright Future's 'STI/HIV Screening' recommendation		

Human Immunodeficiency Virus Infection Screening for Pregnant Women USPSTF "A" Recommendation June 2019 The USPSTF recommends that clinicians screen all pregnant persons, , including those who present in labor or at delivery whose HIV status is unknown.	36415, 80081, 86689, 86701, 86702, 86703, 87389, 87390, 87391, 87806, G0432, G0433, G0435, G0475	Payable with a pregnancy diagnosis or a diagnosis code in Diagnosis List 1
Refer also to HRSA's 'HIV Screening and Counseling' recommendation Refer also to Bright Future's 'STI/HIV Screening' recommendation		
Hypertension in Adults: Screening USPSTF "A" Recommendation April 2021 The U.S. Preventive Task Force recommends screening for hypertension in adults 18 years or older with office blood pressure measurements. The USPSTF recommends obtaining blood pressure measurements outside of the clinical setting for diagnostic confirmation before starting treatment.	93784, 93786, 93788, 93790, 99385, 99386, 99387, 99395, 99396, 99397, 99473, 99474	Procedure codes 93784, 93786, 93788, 93790, 99473, 99474 are payable at no member cost share when billed with the DX codes R03.0, R03.1, Z01.30, Z01.31
Intimate Partner Violence, Elder Abuse, and Abuse of Vulnerable Adults Screening USPSTF "B" Recommendation October 2018 The U.S. Preventive Services Task Force (USPSTF) recommends that	99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99384, 99385, 99386,99387, 99394, 99395,	Payable with a diagnosis code in Diagnosis List 1

clinicians screen for intimate	99396, 99397,	
partner violence in women of	99401, 99402,	
reproductive age and provide or	99403, 99404,	
refer women who screen positive	99411, 99412,	
to ongoing support services.	99417, S0610,	
	S0612, S0613	
Latent Tuberculosis Infection	86480, 86481,	Payable with a diagnosis
Screening	86580	code in Diagnosis List 1
USPSTF "B" Recommendation		
September 2016		
The USPSTF recommends		
screening for latent tuberculosis		
infection (LTBI) in populations at		
increased risk.		
Lung Cancer Screening	G0296, 71271	Subject to medical policy
		criteria
<u>USPSTF "B" Recommendation</u>		and may require
March 2021		preauthorization
The USPSTF recommends annual		
screening for lung cancer with		Eff. 01/01/2021 procedure
low-dose computed tomography		code 71271 is
(LDCT) in adults aged 50 to 80		reimbursable at the
(LDCT) in adults aged 50 to 80 years who have a 20 pack-year		reimbursable at the preventive level if it meets
years who have a 20 pack-year		preventive level if it meets
years who have a 20 pack-year smoking history and currently		preventive level if it meets medical policy criteria and
years who have a 20 pack-year smoking history and currently smoke or have quit within the		preventive level if it meets medical policy criteria and is billed with one of the
years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should		preventive level if it meets medical policy criteria and is billed with one of the following
years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person		preventive level if it meets medical policy criteria and is billed with one of the following diagnosis codes: F17.200,
years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or		preventive level if it meets medical policy criteria and is billed with one of the following diagnosis codes: F17.200, F17.201, F17.211,
years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that		preventive level if it meets medical policy criteria and is billed with one of the following diagnosis codes: F17.200, F17.201, F17.210, F17.211, F17.220,

Weight Loss to Prevent Obesity-	97802, 97803,	
Related Morbidity and	97804, 99385,	
Mortality in Adults:	99386, 99387,	
Behavioral Interventions	99395, 99396,	
Bellavioral litter veritions	99393, 99390,	
LICECTE "P" Decommendation		
USPSTF "B" Recommendation	99402, 99403,	
September 2018 The USPSTF recommends that	99404, 99411,	
clinicians offer or refer adults with	99412, 99078,	
	G0447, G0473	
a body mass index (BMI) of 30 or		
higher (calculated as weight in		
kilograms divided by height in		
meters squared) to intensive,		
multicomponent behavioral		
interventions.	07000 07000	
Obesity in Children and	97802, 97803,	
Adolescents	99383, 99384,	
Screening	99385, 99393,	
	99401, 99402,	
USPSTF "B" Recommendation	99403, 99404,	
June 2017	99411, 99412,	
The USPSTF recommends that	G0446, G0447,	
clinicians screen for obesity in	G0473	
children and adolescents 6 years		
and older and offer them or refer		
them to comprehensive, intensive		
behavioral interventions to		
promote improvement in weight		
status.		
Ocular Prophylaxis for		When billed under
Gonococcal Ophthalmia		inpatient medical
Neonatorum Preventive		
Medication		
LICOCTE WAY D		
USPSTF "A" Recommendation		
January 2019		
The USPSTF recommends		
prophylactic ocular topical		
medication for all newborns to		
prevent gonococcal ophthalmia		
neonatorum.		

Osteoporosis Screening	76977, 77078,	Payable with a diagnosis
	77080, 77081,	code in Diagnosis List 1
USPSTF "B" Recommendation	78350, 78351,	
June 2018	G0130	
The USPSTF recommends		
screening for osteoporosis with		
bone measurement testing to		
prevent osteoporotic fractures in		
women 65 years and older.		
The USPSTF recommends		
screening for osteoporosis with		
bone measurement testing to		
prevent osteoporotic fractures in		
postmenopausal women younger		
than 65 years who are at		
increased risk of osteoporosis, as		
determined by a formal clinical		
risk assessment tool.		
Perinatal Depression:	99385,99386,	Payable with a diagnosis
Preventive	99387,	code in Diagnosis List 1
Interventions	99395, 99396,	
	99397, 99401,	
USPSTF "B" Recommendation	99402, 99403,	
February 2019	99404, 96160,	
The USPSTF recommends that	96161,	
clinicians provide or refer	G0444	
pregnant and postpartum		
persons who are at increased risk		
of perinatal depression to		
counseling interventions.		
Phenylketonuria in Newborns	84030, 99381,	Procedure codes 84030
Screening	S3620	and S3620 reimbursable
		at the preventive level for
USPSTF "A" Recommendation		children 0-90 days old
March 2008		
The USPSTF recommends		
screening for phenylketonuria in		
newborns.		

Prediabetes and Type 2	82947, 82948,	Payable with a diagnosis
Diabetes Screening	82950, 82951,	code in Diagnosis List 1
Diabetes ser cerning	83036, 82952,	code in Diagnosis List i
USPSTF "B" Recommendation	97802, 97803,	
August 2021	97804, 99401,	
The USPSTF recommends	99402, 99403,	
screening for prediabetes and	99404, G0270,	
type 2 diabetes in adults aged 35	G0271, G0447,	
to 70 years who have overweight	G0473, S9470	
or obesity. Clinicians should offer		
or refer patients with prediabetes		
to effective preventive		
interventions.		
Preeclampsia Screening		Preeclampsia screening is
		done through routine
USPSTF "B" Recommendation		blood pressure
April 2017		measurements
The USPSTF recommends		
screening for preeclampsia in		
pregnant women with blood		
pressure measurements		
throughout pregnancy.		
Rh(D) Incompatibility Screening	80055, 86850,	Payable with a pregnancy
	86870, 86900,	diagnosis
USPSTF "A" Recommendation	86901, 36415	
February 2004		
The USPSTF strongly recommends		
Rh(D) blood typing and antibody		
testing for all pregnant women		
during their first visit for		
pregnancy-related care.		
USPSTF "B" Recommendation		
February 2004		
The USPSTF recommends		
repeated Rh(D) antibody testing		
for all unsensitized Rh(D)negative		
women at 24 to 28 weeks'		
gestation, unless the biological		
father is known to be Rh(D)-		
negative.		

Sexually Transmitted Infections	99384, 99385,	
Behavioral	99386, 99387,	
Counseling	99394, 99395,	
S	99396, 99397,	
USPSTF "B" Recommendation	99401, 99402,	
August 2020	99403, 99404,	
The USPSTF recommends	99411, 99412,	
behavioral counseling for all	G0445	
sexually active adolescents and		
for adults who are at increased		
risk for sexually transmitted		
infections (STIs).		
Refer also to HRSA's 'Sexually		
Transmitted Infections		
Counseling' recommendation.		
Sickle Cell Disease	83020, 83021,	
(Hemoglobinopathies) in	83030, 83033,	
Newborns Screening	83051, 85004,	
	85013, 85014,	
<u>USPSTF "A" Recommendation</u>	85018, 85025,	
September 2007	85027, 99381,	
The USPSTF recommends	G0306, G0307,	
screening for sickle cell disease in	S3620, S3850	
newborns.		
Skin Cancer Counseling	There are no	
	procedure codes	
<u>USPSTF "B" Recommendation</u>	specific to skin	
<u>March 2018</u>	cancer	
The USPSTF recommends	counseling.	
counseling young adults,		
adolescents, children, and		
parents of young children about		
minimizing exposure to ultraviolet		
(UV) radiation for persons aged 6		
months to 24 years with fair skin		
types to reduce their risk of skin		
cancer.		

Statin Use for the Primary	80061, 82465,	For details about
Prevention of Cardiovascular	83700, 83718,	pharmacy benefit
Disease in Adults Preventive	83719, 83721,	coverage, contact the
Medication	84478	number on the patient's
		BCBSTX member card. A
USPSTF "B" Recommendation		patient's pharmacy
August 2022		benefit may be managed
The USPSTF recommends that		by a company other than
clinicians prescribe a statin for		BCBSTX.
the primary prevention of CVD for		
adults aged 40 to 75 years who		Coverage includes
have 1 or more CVD risk factors		atorvastatin 10 mg,20 mg,
(i.e. dyslipidemia, diabetes,		40 mg, and 80 mg,
hypertension, or smoking) and an		lovastatin 20 mg and 40
estimated 10-year risk of a		mg tablets, pravastatin 10
cardiovascular event of 10% or		mg, 20 mg, 40 mg, and 80
greater.		mg tablets for members
g. carret		ages 40 – 75 years of age
		with a prescription.
Syphilis Infection in	86592, 86780,	Payable with a diagnosis
Nonpregnant Adults and	0065U	code in Diagnosis List 1
Adolescents Screening		
USPSTF "A" Recommendation		
June 2016		
The USPSTF recommends		
screening for syphilis infection in		
persons who are at increased risk		
for infection.		
Syphilis Infection in Pregnant	80055, 80081,	Payable with a pregnancy
Women	86592, 86593,	diagnosis or a diagnosis
Screening	86780, 0065U,	code in Diagnosis List 1
	36415, 0210U,	
USPSTF "A" Recommendation May	87285	
2025		
The USPSTF recommends early,		
universal screening for syphilis		
infection during pregnancy; if an		
individual is not screened early in		
pregnancy, the USPSTF		
recommends screening at the		
first available opportunity.		
ili st avallable opportunity.		

Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions

<u>USPSTF "A" Recommendation</u> <u>January 2021</u>

The USPSTF recommends that clinicians ask all adults about tobacco use, advise them to stop using tobacco, and provide behavioral interventions and U.S. Food and Drug Administration—approved pharmacotherapy for cessation to adults who use tobacco.

<u>USPSTF "A" Recommendation</u> <u>January 2021</u>

The USPSTF recommends that clinicians ask all pregnant women about tobacco use, advise them to stop using tobacco, and provide behavioral interventions for cessation to pregnant women who use tobacco.

99401, 99402, 99403, 99404, 99406, 99407, S9453 For details about pharmacy benefit coverage, contact the number on the patient's BCBSTX member card. A patient's pharmacy benefit may be managed by a company other than BCBSTX.

Two 90-day treatment regimens per benefit period. The 90-day treatments are at the discretion of the provider working with the member.

Prescription required for both OTC and prescription medications.

Coverage includes:

- Generic bupropion hcl (smoking deterrent) ER
 12hr 150 mg tablets
- Generic nicotine polacrilex 2 mg and 4 mg gum
- Generic nicotine polacrilex 2 mg and 4 mg lozenges
- Generic nicotine 24hr 7 mg, 14 mg, and 21 mg transdermal patches
- Generic varenicline tartrate 0.5 mg and 1 mg tablets
- Brand Nicotine
 Transdermal Systems
- Brand Nicotrol Inhaler
- Brand Nicotrol Nasal Spray

Tobacco Use in Children and	99401, 99402,	Refer to Preventive
Adolescents	99403, 99404,	Services
Primary Care Interventions	99406, 99407,	Recommendation for
Trimary care interventions	S9453	Tobacco Smoking
USPSTF "B" Recommendation	39433	Cessation in Adults,
April 2020		Including Pregnant
The USPSTF recommends that		Women: Behavioral and
primary care clinicians provide		
interventions, including education		Pharmacotherapy Interventions
		interventions
or brief counseling, to prevent		
initiation of tobacco use among		
school-aged children and		
adolescents.	00205 00205	Davable with a di
Screening for Unhealthy Drug	99385, 99386,	Payable with a diagnosis
Use	99387, 99395,	code in Diagnosis List 1
LICOCTE #D# D	99396, 99397,	
USPSTF "B" Recommendation	99408, 99409,	
June 2020	G0396, G0397	
The USPSTF recommends		
screening by asking questions		
about unhealthy drug use in		
adults age 18 years or older.		
Screening should be		
implemented when services for		
accurate diagnosis, effective		
treatment, and appropriate care		
can be offered or referred.	00470 00470	
Vision Screening in Children	99172, 99173,	
LICOCTE #D# D	0333T	
USPSTF "B" Recommendation		
September 2017		
The USPSTF recommends vision		
screening at least once in all		
children aged 3 to 5 years to		
detect amblyopia or its risk		
factors.	00050 00055	B 11 11 11
General Lab Panel	80050, 80053	Payable with a diagnosis
		code in Diagnosis List 1
These lab codes could be multiple		
Preventive Services		
recommendations.		

HRSA Recommendations:		
Service:	Procedure Code(s):	Additional Reimbursement
		Criteria:
Anxiety Screening	96127, 99384,	Procedure code 96127 is
	99385, 99386,	only reimbursable at the
HRSA Recommendation	99387, 99394,	preventive level when
December 2019	99395, 99396,	billed with a diagnosis of
The Women's Preventive Services	99397, G0444	Z00.129, Z13.31, Z13.32,
Initiative recommends screening		Z13.39, Z13.41, or Z13.42
for anxiety in adolescent and		
adult women, including those		
who are pregnant or postpartum.		
Breast Cancer Screening for	77061, 77062,	Payable if billed with
Women at Average Risk	77063, 77067,	diagnosis:
	76376, 76377,	Z00.00, Z00.01, Z00.8,
HRSA Recommendation	76641, 76642,	Z01.411, Z12.31, and
December 2026	77046, 77048,	Z12.39
The Women's Preventive Services	77049, 77065,	
Initiative recommends that	77066,	
average-risk women initiate	C8903,C8905,	
mammography screening no	C8906, C8908,	
earlier than age 40 and no later	C8937, G0279,	
than age 50. Screening	0633T, 0634T,	
mammography should occur at	0635T, 0637T,	
least biennially and as frequently	0638T, 19030,	
as annually. Women may require	77053, 77054	
additional imaging to complete		
the screening process or	88108, 88112,	
to address findings on the initial	88172, 88173,	
screening mammography.	88184, 88185,	
If additional imaging (e.g.,	88262, 88271,	
magnetic resonance imaging	88274, 88291,	
(MRI), ultrasound,	88300, 88304,	
mammography)	88305, 88307,	
and pathology evaluation are	88309, 88312,	
indicated, these services also are	88313, 88325,	
recommended to	88331, 88332,	
complete the screening process	88341, 88342,	
for malignancies. Screening	88344, 88360,	

should continue through at least	83361, 88364,	
age 74 and age alone should not	88365, 88367,	
be the basis to discontinue	88374, & 88377	
screening. These screening		
recommendations are for women	19081, 19082,	
at average risk of breast cancer.	19083, 19084,	
Women at increased risk should	19085, 19086,	
also undergo periodic	19100, 19101,	
mammography screening,	19281, 19282,	
however, recommendations for	19283, 19284,	
additional services are beyond	19285, 19286,	
the scope of this	19287, 19288,	
recommendation	10004, 10005,	
	10006, 10007,	
Refer also to USPSTF's 'Breast	10008, 10009,	
Cancer Screening'	10010, 10011	
recommendation.	10012, 10021	
	C7501, & C7502	
	A9500, A9502,	
	A9503, A9520,	
	A9537, A9541,	
	A9552, A9561,	
	A9573, A9575,	
	A9576, A9577,	
	A9577, A9578,	
	A9579, A9581,	
	A49585, A9595,	
	Q9950, Q9953,	
	Q9954, Q9957,	
	Q9958, Q9962,	
	Q9963, Q9966,	
	Q9967, Q9968,	
	Q9969, Q9067,	
	Q9953 & Q9954	
	96374, 96375,	
	01922, 99152,	
	99153, 99156,	
	99157, 76942,	
	77002, 77012,	
	88177, 80503,	

	80504, 80505, 80506	
	Patient Navigation Services: G0023, G0024, G0140, G0146	
Breastfeeding Services and	E0602, E0603,	Electric breast pumps
Supplies	E0604, A4281,	limited to one per benefit
	A4282, A4283,	period. Hospital Grade
HRSA Recommendation	A4284, A4285,	breast pumps are limited
December 2021	A4286, A4287,	to rental only.
Women's Preventive Services	G0513, G0514,	
Initiative recommends	S9443, 99401,	G0513 & G0514 are
comprehensive lactation support	99402, 99403,	payable with a diagnosis
services (including consultation;	99404, 99411,	code in Diagnosis List 1
counseling; education by	99412, 99347,	
clinicians and peer support	99348, 99349,	Additional reimbursement
services; and breastfeeding	99350,	information available
equipment and supplies) during	98960, 98961,	within the
the antenatal, perinatal, and	98962 , A4288	"Breastfeeding Equipment
postpartum periods to optimize		and
the successful initiation and		Supplies" Coverage
maintenance of breastfeeding.		Non physician provider
Breastfeeding equipment and		Non-physician provider
supplies include, but are not		types such as Certified Lactation Counselors and
limited to, double electric breast		International Board-
pumps (including pump parts and		Certified Lactation
maintenance) and breast milk		Consultants will only be
storage supplies. Access to		eligible for
double electric pumps should be		reimbursement for the
a priority to optimize		following codes: S9443,
breastfeeding and should not be		98960, 98961, 98962.
predicated on prior failure of a		
manual pump. Breastfeeding		
equipment may also include		
equipment and supplies as		
clinically indicated to support		
dyads with breastfeeding		

difficulties and those who need		
additional services.		
Refer also to USPSTF's		
'Breastfeeding Primary Care		
Interventions' recommendation.		
Cervical Cancer Screening	0096U, 87623,	Payable with a diagnosis
	87624, 87625,	code in Diagnosis List 1
HRSA Recommendation	88141, 88142,	o o
December 2019	88143, 88147,	
The Women's Preventive Services	88148, 88150,	
Initiative recommends cervical	88152, 88153,	
cancer screening for average-risk	88155, 88164,	
women aged 21 to 65 years. For	88165, 88166,	
women aged 21 to 29 years, the	88167, 88174,	
Women's Preventive Services	88175, 99385,	
Initiative recommends cervical	99386, 99387,	
cancer screening using cervical	99395, 99396,	
cytology (Pap test) every 3 years.	99397, G0101,	
Cotesting with cytology and	G0123, G0124,	
human papillomavirus testing is	G0141, G0143,	
not recommended for women	G0144, G0145,	
younger than 30 years. Women	G0147, G0148,	
aged 30 to 65 years should be	G0476, P3000,	
screened with cytology and	P3001, Q0091,	
human papillomavirus testing	S0610, S0612,	
every 5 years or cytology alone	87626	
every 3 years. Women who are at		
average risk should not be		
screened more than once every 3		
years.		
Refer also to USPSTF 'Cervical		
Cancer Screening' recommendation.		
cancer servering recommendation.		

Contraceptive Methods and Counseling

HRSA Recommendation <u>December 2021</u>

Women's Preventive Services Initiative recommends that adolescent and adult women have access to the full range of contraceptives and contraceptive care to prevent unintended pregnancies and improve birth outcomes. Contraceptive care includes screening, education, counseling, and provision of contraceptives (including in the immediate postpartum period). Contraceptive care also includes follow-up care (e.g., management, evaluation and changes, including the removal, continuation, and discontinuation of contraceptives).

Women's Preventive Services
Initiative recommends that the
full range of U.S. Food and Drug
Administration - approved,
granted, or -cleared
contraceptives, effective family
planning practices, and
sterilization procedures be
available as part of contraceptive
care.

The full range of contraceptives includes those currently listed in the FDA's Birth Control Guide: (1) sterilization surgery for women, (2) implantable rods, (3) copper intrauterine devices, (4) intrauterine devices with

57170, 58300, 58301, 58600, 58605, 58611, 58615, 58661, 58565, 58670, 58671, 58340, 58700, 74740, 88302, 88305, 96372, 11976, 11981, 11982, 11983, A4261, A4264, A4266, A4268, A4269, A9293, J1050, J7296, J7297, J7298, J7300, J7301, J7303, J7304, J7306, J7307, A4267, S4981, S4989

Contraception methods that require a prescription may be covered under the patient's medical or pharmacy benefit. For details about pharmacy benefit coverage for contraception, contact the number on the patient's BCBSTX member card. A patient's pharmacy benefit may be managed by a company other than BCBSTX.

Visits pertaining to contraceptive counseling, initiation of contraceptive use, and follow-up care may also apply to procedure codes under HRSA's 'Well-Woman' recommendation

Procedure code 58340 reimbursable at the preventive level only when accompanied with modifier 33 or one of the following diagnosis codes: Z30.2, Z30.40, Z30.42, Z30.49, Z98.51,

Procedure codes 11981, 11982, and 11983 (are covered only when FDA approved contraceptive implant insertion or removal are performed) are reimbursable at the preventive level when

progestin (all durations and	
doses), (5) injectable	
contraceptives, (6) oral	
· ·	
contraceptives (combined pill), (7)	
oral contraceptives (progestin	
only),	
(8) oral contraceptives (extended	billed with one of the
or continuous use), (9) the	following diagnosis codes:
contraceptive patch, (10) vaginal	Z30.013, Z30.017,
contraceptive rings, (11)	Z30.018, Z30.019, Z30.09,
diaphragms, (12) contraceptive	Z30.40, Z30.42, Z30.46,
sponges, (13) cervical caps, (14)	Z30.49, Z30.8, Z30.9
condoms, (15) spermicides, (16)	Procedure codes 58661,
emergency contraception	58700 reimbursable at the
(levonorgestrel), and (17)	preventive level with a
emergency contraception	diagnosis of Z30.2
(ulipristal acetate), and any	_
additional contraceptives	For details about
approved, granted, or cleared by	pharmacy benefit
the FDA. Additionally, instruction	coverage, contact the
in fertility awareness-based	number on the patient's
methods, including the lactation	BCBSTX member card. A
amenorrhea method, although	patient's pharmacy
_	, ,
less effective, should be provided	benefit may be managed

for women desiring an alternative method. condoms, (15) spermicides, (16) emergency contraception (levonorgestrel), and (17) emergency contraception (ulipristal acetate), and any additional contraceptives approved, granted, or cleared by the FDA. Additionally, instruction in fertility awareness-based methods, including the lactation amenorrhea method, although less effective, should be provided for women desiring an alternative method.		by a company other than BCBSTX. Prescription required for both OTC and prescription medications. For the list of contraceptive methods that may be covered, visit your health plan website. Procedure code 96372 payable with a diagnosis code in Diagnosis list 1
Diabetes Screening after	82947, 82948,	Payable with a diagnosis
Pregnancy	82950, 82951, 83036	code in Diagnosis List 1
HRSA Recommendation		
December 2019		
The Women's Preventive Services		
Initiative recommends women		
with a history of gestational		
diabetes mellitus who are not		
currently pregnant and who have		
not been previously diagnosed		
with type 2 diabetes mellitus should be screened for diabetes		
mellitus. Initial testing should		
ideally occur within the first year		
postpartum and can be		
conducted as early as 4–6 weeks		
postpartum. Women with a		
negative initial postpartum		
screening test result should be		
rescreened at least every 3 years		
for a minimum of 10 years after		
pregnancy. For women with a		
positive postpartum screening		
test result, testing to confirm the		
diagnosis of diabetes is indicated		

regardless of the initial test (e.g., oral glucose tolerance test, fasting plasma glucose, or hemoglobin A1c). Repeat testing is indicated in women who were screened with hemoglobin A1c in the first 6 months postpartum regardless of the result.		
Gestational Diabetes	82947, 82948, 82950, 82951,	Payable with a pregnancy diagnosis
HRSA Recommendation	83036	3.30.100.0
December 2019		
The Women's Preventive Services		
Initiative recommends screening		
pregnant women for gestational		
diabetes mellitus after 24 weeks		
of gestation (preferably between		
24 and 28 weeks of gestation) in		
order to prevent adverse birth		
outcomes. Screening with a 50 g		
oral glucose challenge test		
(followed by a 3hour 100 g oral		
glucose tolerance test if results on		
the initial oral glucose challenge		
test are abnormal) is preferred		
because of its high sensitivity and specificity. The Women's		
Preventive Services Initiative		
suggests that women with risk		
factors for diabetes mellitus be		
screened for preexisting diabetes		
before 24 weeks of gestation—		
ideally at the first prenatal visit,		

based on current clinical best practices. Refer also to USPSTF's 'Gestational Diabetes Mellitus Screening' recommendation.		
Human Immune-Deficiency	36415, 86689,	Payable when billed with a
Virus Counseling & Screening HRSA Recommendation December 2021 Women's Preventive Services Initiative recommends all adolescent and adult women, ages 15 and older, receive a screening test for HIV at least once during their lifetime. Earlier or additional screening should be based on risk, and rescreening annually or more often may be appropriate beginning at age 13 for adolescent and adult women with an increased risk of HIV infection. Women's Preventive Services Initiative recommends risk assessment and prevention education for HIV infection beginning at age 13 and	86701, 86702, 86703, 87389, 87390, 87391, 87806, G0432, G0433, G0435, G0475	diagnosis code in on Diagnosis List 1

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	A screening test for HIV is recommended for all pregnant women upon initiation of prenatal care with rescreening during pregnancy based on risk factors. Rapid HIV testing is recommended for pregnant women who present in active labor with an undocumented HIV status. Screening during pregnancy enables prevention of vertical transmission.		
	Refer also to USPSTF's 'Human Immunodeficiency Virus (HIV) Infection Screening for Pregnant and Non-Pregnant Adolescents and Adults' recommendation. Refer also to Bright Future's 'STI/HIV'		
	Screening' recommendations.		
	Interpersonal and Domestic	99401, 99402,	Payable when billed with a
	HRSA Recommendation December 2019	99403, 99404, 99411, 99412, 99384, 99385, 99386, 99387,	diagnosis code on Diagnosis List 1
	The Women's Preventive Services Initiative recommends screening adolescents and women for interpersonal and domestic	99394, 99395, 99396, 99397, 99202, 99203, 99204, 99205,	
	violence at least annually, and, when needed, providing or referring for initial intervention services. Interpersonal and	99211, 99212, 99213, 99214, 99215, 99417	
	domestic violence includes physical violence, sexual violence, stalking and psychological aggression (including coercion),		
	reproductive coercion, neglect, and the threat of violence, abuse, or both. Intervention services include, but are not limited to, counseling, education, harm		

reduction strategies, and referral to appropriate supportive services.		
Obesity Prevention in Midlife	97802, 97803,	Payable when billed with a
Women	97804, 99078,	diagnosis code in on
	99386, 99396,	Diagnosis List 1
HRSA Recommendation	99401, 99402,	
December 2021	99403, 99404,	
Women's Preventive Services	99411, 99412,	
Initiative recommends counseling	G0447, G0473	
midlife women aged 40 to 60		
years with normal or overweight		
body mass index (BMI) (18.5-29.9		
kg/m2) to maintain weight or limit		
weight gain to prevent obesity.		
Counseling may include		
individualized discussion of		
healthy eating and physical		
activity.		

Sexually Transmitted Infections	99401, 99402,	
Counseling	99403, 99404,	
	99411, 99412,	
HRSA Recommendation	99384, 99385,	
December 2021	99386, 99387,	
Women's Preventive Services	99394, 99395,	
Initiative recommends directed	99396, 99397,	
behavioral counseling by a health	G0445	
care clinician or other		
appropriately trained individual		
for sexually active adolescent and		
adult women at an increased risk		
for STIs.		
Women's Preventive Services		
Initiative recommends that		
clinicians review a woman's		
sexual history and risk factors to		
help identify those at an		
increased risk of STIs. Risk factors		
include, but are not limited to,		
age younger than 25, a recent		
history of an STI, a new sex		
partner, multiple partners, a		
partner with concurrent partners,		
a partner with an STI, and a lack		
of or inconsistent condom use.		
For adolescents and women not		
identified as high risk, counseling		
to reduce the risk of STIs should		
be considered, as determined by		
clinical judgment.		
Refer also to USPSTF's 'Sexually		
Transmitted Infections Behavioral		
Counseling' recommendation.		
Counselling reconfillenduction.		

There are no **Urinary Incontinence Screening** Payable with a diagnosis procedure codes code in Diagnosis List 1 **HRSA** Recommendation specific to this December 2019 service. This The Women's Preventive Services service would be Initiative recommends screening part of the women for urinary incontinence preventive office annually. Screening should ideally visit. assess whether women experience urinary incontinence and whether it impacts their activities and quality of life. The Women's Preventive Services Initiative recommends referring women for further evaluation and treatment if indicated. The Women's Preventive Services Initiative recommends screening women for urinary incontinence as a preventive service. Factors associated with an increased risk for urinary incontinence include increasing parity, advancing age, and obesity; however, these factors should not be used to limit screening. Several screening tools demonstrate fair to high accuracy in identifying urinary incontinence in women. Although minimum screening intervals are unknown, given the prevalence of urinary incontinence, the fact that many women do not volunteer symptoms, and the multiple, frequently changing risk factors

associated with incontinence, it is reasonable to conduct annually.

Well-Woman Visits	99384, 99385,	Labs administered as part
	99386, 99387,	of a normal pregnancy
HRSA Recommendation	99394, 99395,	reimbursable at the
December 2021	99396, 99397,	preventive level when
Women's Preventive Services	G0101, G0438,	billed with a pregnancy
Initiative recommends that	G0439, 99078,	diagnosis
women receive at least one	99401, 99402,	
preventive care visit per year	99403, 99404,	
beginning in adolescence and	99411, 99412,	
continuing across the lifespan to	99408, 99409,	
ensure the provision of all	G0396, G0442,	
recommended preventive	G0443, G0444	
services, including preconception		
and many services necessary for		
prenatal and interconception		
care, are obtained. The primary		
purpose of these visits should be		
the delivery and coordination of		
recommended preventive		
services as determined by age		
and risk factors. These services		
may be completed at a single or		
as part of a series of visits that		
take place over time to obtain all		
necessary services depending on		
a woman's age, health status,		
reproductive health needs,		
pregnancy status, and risk		
factors. Well-women visits also		
include pre-pregnancy, prenatal,		
postpartum and interpregnancy		
visits.		

ACIP Recommendations:		
Service:	Procedure Code(s):	Additional Reimbursement Criteria:
COVID-19 Vaccine	91318, 91319, 91320, 91321, 91322, 91304	

	T	
DTaP Vaccine	90696, 90698,	
	90700, 90702,	
	90723	
Hepatitis A Vaccine	90632, 90633,	
	90634, 90636	
Hepatitis B Vaccine	90739, 90740,	Hepatitis B Vaccination is
	90743, 90744,	payable at the preventive
	90746, 90747,	level for newborns under
	90748, 90759	90 days of age when
		obtained in the inpatient
		setting from an in-
		network provider
Haemophilus Influenzae Type B	90647, 90648	
(Hib) Vaccine		
Human Papillomavirus Vaccine	90651	Payable with a diagnosis
(HPV)		code in Diagnosis List 1
Influenza Vaccine	90653, 90655,	
	90656, 90657,	
	90658, 90660,	
	90661,90662,	
	90672, 90673,	
	90674, 90682,	
	90685, 90686,	
	90687, 90688,	
	90689, 90694,	
	90756 Q2034,	
	Q2035, Q2036,	
	Q2037, Q2038,	
	Q2039, 90635	
Measles, Rubella, Congenital	90707	
Rubella Syndrome, and Mumps		
(MMR)		
Measles, Mumps, Rubella, and	90710	
Varicella (MMRV)		
Meningococcal Vaccine	90644, 90733,	
	90734, 90619,	
	90620, 90621,	
	90623	
Monkeypox Vaccine	90611	

Pneumococcal Vaccine	90670, 90677,	
Theambedeed vaccine	90732, 90671,	
	90684	
Polio Vaccine	90713	
Polio vaccine	90713	
Respiratory Syncytial Virus	90380, 90381,	
Immunization	90382 90679,	
	90678, 90683,	
	91323	
Rotavirus Vaccine	90680, 90681	
Tetanus Toxoid, Reduced	90714, 90715	
Diphtheria Toxoid and Acellular		
Pertussis Vaccine (Tdap/Td)		
Varicella Vaccine	90716	
Zoster (Shingles) Vaccine	90750	
Immunization Administration	90460, 90461,	
mmamzacion Administracion	90471, 90472,	
	90473, 90474,	
	90749, 90480,	
	96380, 96381,	
	90481	
Bright Futures		
Recommendations:		
Service:	Procedure	Additional
	Code(s):	Reimbursement
		Criteria:
Alcohol Use and Drug Use	99408, 99409	Payable with a diagnosis
Assessment		code in Diagnosis List 1
Bright Futures		
Recommends alcohol and drug		
use assessments for adolescents		
between the ages of 11 to 21		
years.		

Anemia Screening in Children	85014, 85018	Payable with a diagnosis
		code in Diagnosis List 1
Bright Futures		l code in Biagnosis List i
Recommends anemia screening		
_		For details about
for children under the age of 21		
years of age.		pharmacy benefit
		coverage, contact the
		number on the patient's
		BCBSTX member card. A
		patient's pharmacy
		benefit may be managed
		by a company other than
		BCBSTX.
		Prescription required for
		both OTC and prescription
		medications. Coverage
		provided for members up
		to 1 year of age.
Cervical Dysplasia Screening	Q0091	Payable with a diagnosis
		code in Diagnosis List 1
Bright Futures		_
Recommends cervical dysplasia		
screening for adolescents age 21		
years of age		
Critical Congenital Heart Defect	94760	
Screening		
Deight Frateurs		
Bright Futures		
Recommends screening for		
critical congenital heart disease		
using pulse oximetry for		
newborns after 24 hours of age,		
before discharge from the		
hospital	06427	D 11 21 12 1
Depression Screening	96127	Payable with a diagnosis code in Diagnosis List 1
Bright Futures		23 45 11 2 14 5 11 2 13 C 1
Recommends depression		
screening for adolescents		
between the ages of 11 to 21		
years		

Refer also to USPSTF's 'Depression in Children and Adolescents Screening' recommendation		
Developmental Screening / Autism Screening Bright Futures Recommends developmental/autism screening for infants and young children between the ages of 9 months and 30 months	96110	Payable with a diagnosis code in Diagnosis List 1
Bright Futures Recommends dyslipidemia screening for children and adolescents between the ages of 24 months and 21 years of age	80061, 82465, 83718, 84478	Payable with a diagnosis code in Diagnosis List 1
Bright Futures Recommends hearing screenings for children and adolescents from birth through 21 years of age	92558, 92567, 92551, 92650, 92651, 92652, 92653, V5008	Procedure codes 92558, 92567, 92551, V5008 are payable at the preventive level only when billed with diagnosis codes Z01.10, Z01.118, and Z01.110 for ages 22 and under. Eff. 01/01/2021 CPT codes 92650, 92651, 92652, 92653 may be payable at the preventive level only when billed with diagnosis codes Z01.10, Z01.118, and Z01.11 through ages 22 and under if meeting Medical Policy criteria.

Hematocrit or Hemoglobin	36415, 36416,	Payable with a diagnosis
	85014, 85018	code in Diagnosis List 1
Bright Futures		
Recommends hematocrit or		
hemoglobin screening for		
children and adolescents		
between the ages of four months		
and 21 years of age		
HIV Screening	87389, 87390,	Payable with a diagnosis
	87391, 87806,	code in Diagnosis List 1
	G0432, G0433,	
	G0435	
Lead Screening	36415, 36416,	Payable with a diagnosis
	83655	code in Diagnosis List 1
Bright Futures		
Recommends screening children		
between the ages of six months		
and six years for lead		
Maternal Depression Screening	99384, 99385,	
	99386, 99387,	
	99394, 99395,	
	99396, 99397,	
	G0444	
Newborn Bilirubin	82247, 82248,	Payable with a diagnosis
	88720	code in Diagnosis List 1
Newborn Blood Screening	S3620	Payable with a diagnosis
		code in Diagnosis List 1
Oral Health	99211, 99212,	Payable with a diagnosis
	99188, 99381,	code in Diagnosis List 1
Bright Futures	99382, 99383,	
Recommends oral health risk	99384	
assessments beginning at six		
months of age		
Prenatal Visit	99401, 99402,	Payable with a diagnosis
	99403, 99404	code in Diagnosis List 1
Preventive Medicine Services:	99381, 99382,	Payable with a diagnosis
New Patients	99383, 99384,	code in Diagnosis List 1
	99385	
Preventive Medicine Services:	99391, 99392,	Payable with a diagnosis
Established Patients	99393, 99394,	code in Diagnosis List 1
	99395	

	T =	T
STI/HIV Screening	86631, 86632,	Payable with a diagnosis
	86701, 86703,	code in Diagnosis List 1
Bright Futures	87081, 87110,	
Recommends screening for all	87210, 87270,	
sexually active patients	87320, 87490,	
	87491, 87590,	
Refer also to USPSTF's 'Human	87591, 87800,	
Immunodeficiency Virus (HIV)	87801, 87810,	
Infection Screening for Pregnant	87850, 36415	
and Non-Pregnant		
Adolescents and Adults'		
recommendations		
Refer also to HRSA's 'Sexually		
Transmitted Infections Counseling		
recommendation		
Tuberculosis Testing	86580, 99211	Payable with a diagnosis
		code in Diagnosis List 1
Bright Futures		
Recommends tuberculosis testing		
if the risk assessment is positive		
Vision Screening	99173	Payable with a diagnosis
VISION SCIECINIS	99173	code in Diagnosis List 1
Pright Futuros		Code III Diagilosis List I
Bright Futures Personmands vision screening for		
Recommends vision screening for		
newborns through age 21 years		

Many of the services listed above may be performed for indications other than preventive care. In these situations, services may be covered by another provision of the individual's benefit plan and subject to applicable cost sharing.

Diagnosis List 1

Z00.00	Z00.01	Z00.110	Z00.111	Z00.121	Z00.129	Z00.8
Z01.411	Z01.419	Z02.83	Z11.1	Z11.3	Z11.4	Z11.51
Z11.7	Z12.11	Z12.12	Z12.2	Z12.31	Z12.39	Z12.4
Z12.5	Z13.0	Z13.1	Z13.220	Z13.31	Z13.32	Z13.40
Z13.41	Z13.42	Z13.5	Z13.6	Z13.820	Z20.2	Z20.6
Z23	Z30.011	Z30.012	Z30.013	Z30.014	Z30.015	Z30.016
Z30.017	Z30.018	Z30.019	Z30.02	Z30.09	Z30.40	Z30.41
Z30.42	Z30.430	Z30.431	Z30.432	Z30.433	Z30.44	Z30.45

Z30.46	Z30.49	Z30.8	Z30.9	Z32.2	Z71.41	Z71.51
Z71.6	Z71.7	Z71.82	Z71.83	Z86.32	Z97.5	R73.03
Z29.81						

Breastfeeding Equipment & Supplies

Non-grandfathered plans provide coverage of manual, electric, and hospital grade breast pumps along with breastfeeding supplies at the preventive level.

Manual breast pumps utilize procedure code E0602 and are available for purchase and covered at the preventive level when obtained In-Network, Out of Network, or from Retail providers. Sales tax is excluded from retail purchases.

Electric breast pumps utilize procedure code E0603 and must be rented or purchased from an InNetwork provider or a contracted durable medical equipment supplier. The models of breast pumps being provided at the preventive level are up to the individual provider's discretion. If a member chooses to obtain an upgraded model, they may be balance billed the difference between the allowance of the standard model and the cost of the upgraded model. Members are allowed one electric breast pump per benefit period.

*Note: Retail providers such as Target, Wal-Mart, or online vendor are not licensed medical providers and therefore are considered Out of Network. Out of network coverage will follow the out of network benefit level for preventive services. This may include cost sharing and sales tax is excluded. *

Hospital grade breast pumps utilize procedure code E0604 and are only covered when rented InNetwork or from an In-Network durable medical equipment supplier. Hospital grade breast pump coverage is up to the purchase price of \$1,000.00 or 12 months, whichever comes first. At the end of coverage, the unit must be returned to the durable medical equipment supplier. Members are allowed one breast pump per benefit period.

Breast pumps obtained from Out of Network providers are reimbursable at the Out of Network level.

The following breast pump supplies are reimbursable at the preventive level. Some limitations and restrictions may apply based on the group coverage for preventive services.

- A4281- Tubing for breast pump, replacement, spare membranes, replacements
- · A4282- Adapter for breast pump, replacement

- A4283- Cap for breast pump bottle, replacement
- A4284- Breast shield and splash protector for use with breast pump, replacement
- A4285- Polycarbonate bottle for use with breast pump, replacement
- A4286- Locking ring for breast pump, replacement

Differentiating Preventive Care versus Diagnostic Care

The following types of services are considered Preventive:

- Screenings intended to prevent illness or identify issues before symptoms are evident
- Counseling intervention as defined by a specific preventive recommendation

Examples of preventive services:

- A 60-year-old woman obtains her biennial mammogram to screen for breast cancer
- A patient who has been identified as having cardiovascular disease risk factors is referred for nutritional counseling
- A 50-year-old patient obtains a colonoscopy to screen for colorectal cancer
- A 42-year-old patient goes to their doctor for their annual physical and receives a blood test to screen for abnormal blood glucose

The following types of services are considered Diagnostic:

- The diagnosis of existing symptoms or abnormalities
- Treatment for specific health conditions, ongoing care, or other tests to manage a health condition

Examples of diagnostic services:

- A 60-year-old woman obtains a mammogram after noticing a lump in her breast
- A patient diagnosed with diabetes is referred for nutritional counseling to manage their condition
- A patient goes to their doctor for their annual physical and receives a blood test to check iron and liver function, and a urinalysis is requested

Limitations and Exclusions

1. Services not reimbursable at the preventive level may be reimbursable under another portion of the medical plan.

2. Breastfeeding equipment and supplies not listed underneath the "Breastfeeding Equipment and

Supplies" section. This includes, but is not limited to

- a. Batteries
- b. Breastfeeding ointments, creams
- c. Breast milk storage supplies including bags, freezer packs, etc.
- d. Breast pump cleaning supplies
- e. Breast pump traveling cases
- f. Infant scales
- g. Nursing bras
- h. Nursing covers, scarfs
- 3. Immunizations that are not published in the Center for Disease Control's Morbidity and Mortality Weekly Report and/or are not on the list of "Vaccines Licensed for Use in the United States" by the United States Food and Drug Administration.
- 4. Prescription coverage may vary depending on the terms and conditions of the plans. A prescription may be required for coverage under the pharmacy benefit. The plan may also require that the generic drug be tried first before the brand version. Age limits, restrictions, and other requirements may apply. Members can verify their pharmacy benefits by calling the customer service number on the back of their ID card.
- 5. For OTC purchases, members will need to obtain a prescription from their provider and take it to the pharmacy to be filled.
- 6. Exceptions may apply, members can verify their pharmacy benefits by calling the customer service number on the back of their ID card.
- 7. If there is a medication not included, the member should consult their doctor for therapeutic alternatives first before submitting coverage exceptions to BCBSTX.

Each benefit plan, summary plan description or contract defines which services are covered, which services are excluded, and which services are subject to dollar caps or other limitations, conditions or exclusions. Members and their providers have the responsibility for consulting the member's benefit plan, summary plan description or contract to determine if there are any exclusions or other benefit limitations applicable to this service or supply. If there is a discrepancy between a MEDICAL POLICY and a member's benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract will govern.

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Policy Update History

Approval Date	Description
06/23/2017	New policy, replaces medical policy ADM1001.030
07/14/2017	Removed codes 99174 and 99177.
12/06/2017	Coding and USPSTF updates
04/30/2018	Coding and USPSTF updates
07/12/2018	Coding and USPSTF updates
12/27/2018	Coding and USPSTF updates
09/26/2019	Coding and USPSTF updates
10/14/2019	HPV vaccine update
12/30/2019	Disclaimer, Coding and USPSTF updates
04/20/2020	Recommendation updates
06/08/2020	Disclaimer, Coding, Links, and recommendation updates
09/09/2020	Coding and recommendation updates

12/21/2020	Coding and recommendation updates, drug information updates and disclaimers
01/12/2021	Coding updates
09/22/2021	Coding and recommendation updates, drug information updates
12/16/2021	Coding and USPSTF updates
03/23/2022	Coding and recommendation updates
06/01/2022	Coding and recommendation updates
07/29/2022	Diagnosis List 1 updates
09/09/2022	Coding and recommendation updates
02/20/2023	Coding updates
03/16/2023	Coding and recommendation updates, hyperlink updates
5/24/2023	Coding and recommendation updates
06/01/2023	Coding and recommendation updates
09/25/2023	Coding and recommendation updates
09/27/2023	Coding and recommendation updates
12/18/2023	Coding and recommendation updates
3/22/2024	Coding and recommendation updates
06/01/2024	Coding and recommendation updates
08/29/2024	Coding and recommendation updates
02/01/2025	Verbiage updates for Prep
02/28/2025	Coding and recommendation updates
04/01/2025	Coding and recommendation updates; CPT code 96040 removed and replaced with 96041; 0500T removed and replaced with 87626; added G0011, G0012, G0013, G0567; removed 90630 and 90654; added diagnosis code to Diagnosis List 1 Z29.8
07/01/2025	Coding and recommendation updates; Adding Influenza vaccine code 90635. Update to USPSTF syphilis recommendation adding cpt codes 0210U&87285. Updating travel vaccine verbiage on pg1.
08/29/2025	Added codes 91323, 90382, A4288. Removed codes 90666, 90667, 90668. Yeztugo added to Human Immunodeficiency Virus Infection Prevention Drug Preexposure Prophylaxis section.
12/01/2025	Coding and recommendation updates; HRSA breast cancer screening mandate, new Prep injection codes.

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