



**BLUE CROSS AND BLUE SHIELD OF TEXAS PRIOR AUTHORIZATION EXEMPTION  
OUTPATIENT CARE CATEGORIES LIST EFFECTIVE 8/29/2025**

**BEHAVIORAL HEALTH OUTPATIENT CARE CATEGORY**

Applied Behavior Analysis - Mental Health

Electroconvulsive Therapy - Mental Health

Intensive Outpatient Treatment - Mental Health

Intensive Outpatient Treatment - Substance Use Disorder

Partial Hospitalization - Mental Health

Partial Hospitalization - Substance Use Disorder

Psychological and Neuropsychological Testing – Mental Health

Psychological and Neuropsychological Testing - Substance Abuse Disorder

Repetitive Transcranial Magnetic Stimulation - Mental Health

**PHYSICAL HEALTH OUTPATIENT CARE CATEGORY**

Advanced Imaging/Radiology, Hi-Tech Radiology, Cardiology<sup>1</sup>

Cardiology - Lipid Apheresis

Ear, Nose and Throat

Gastroenterology

Home Health, Hospice Care

Home Hemodialysis

Home Infusion Therapy

Infusion Site of Care

Medical Oncology & Supportive Care<sup>1a</sup>

Molecular & Genomic Testing, Molecular Genetic Lab Testing<sup>1</sup>

## BLUE CROSS AND BLUE SHIELD OF TEXAS PRIOR AUTHORIZATION EXEMPTION OUTPATIENT CARE CATEGORIES LIST EFFECTIVE 8/29/2025 (continued)

PHYSICAL HEALTH OUTPATIENT CARE CATEGORY (Continued)
Musculoskeletal Joint, Spine Surgery and Musculoskeletal Pain <sup>1</sup>
Neurology
Medical Transportation <sup>2</sup>
Orthognathic Surgery, Outpatient Surgery (Jaw)
Outpatient Surgery (Breast)
Outpatient Surgery (Deactivation of Headache Triggers)
Pain Management
Private Duty Nursing
Provider Administered Drug Therapy
Radiation Therapy / Radiation Oncology <sup>1</sup>
*Sleep, Sleep Studies & Sleep DME
Transplant Services, Transplant Evaluations and Transplants
Wound Care

Services may apply to:

1. Services are administered by Carelon Medical Benefit Management
  - 1a. Services may be administered by BCBSTX or Carelon.
2. Services may be administered by BCBSTX or Alacura Medical Transportation Management

\*This care category only includes lab sleep studies administered by BCBSTX.

Carelon Medical Benefits Management is an independent company that has contracted with BCBSTX to provide utilization management services for members with coverage through BCBSTX.

Alacura Medical Transportation Management, LLC. is an independent company that has contracted with Blue Cross and Blue Shield of Texas to provide utilization management services for members with coverage through BCBSTX.

BCBSTX makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.